

Evidence for magnetic boundary layer accretion in RU Lup

A spectrophotometric analysis[★]

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ABSTRACT

Context. It is well established that classical T Tauri stars accrete material from a circumstellar disk through magnetic fields. However, the physics regulating the processes in the inner (0.1 AU) disk is still not well understood.

Aims. Our aim is to characterize the accretion process of the classical T Tauri Star RU Lup.

Methods. Optical high-resolution spectroscopic observations with CHIRON and ESPRESSO were obtained simultaneously with photometric data from AAVSO and TESS.

Results. We detected a periodic modulation in the narrow component of the He I 5876 line with a period that is compatible with the stellar rotation period, indicating the presence of a compact region on the stellar surface that we identified as the footprint of the accretion shock. We show that this region is responsible for the veiling spectrum, which is made up of a continuum component plus narrow line emission that fills in the photospheric lines. An analysis of the high-cadence TESS light curve reveals quasi-periodic oscillations on timescales shorter than the stellar rotation period, suggesting that the accretion disk in RU Lup extends inward of the corotation radius, with a truncation radius at $\sim 2 R_*$. This is compatible with predictions from three-dimensional magnetohydrodynamic models of accretion through a magnetic boundary layer (MBL). In this scenario, the photometric variability of RU Lup is produced by a nonstationary hot spot on the stellar surface that rotates with the Keplerian period at the truncation radius. We also qualitatively discuss how more complex hot spot shapes may generate the same variability pattern. The analysis of the broad components of selected emission lines reveals the existence of a non-axisymmetric, temperature-stratified flow around the star, in which the gas leaves the accretion disk at the truncation radius and accretes onto the star channeled by the magnetic field lines. The unusually rich metallic emission line spectrum of RU Lup might be characteristic of the MBL regime of accretion.

Conclusions. Our extensive multiwavelength database of RU Lup reveals many similarities to predictions from the scenario of accretion through a magnetic boundary layer. Alternative explanations would require the existence of a hot spot with a complex shape, perhaps made of two brighter knots, or a warped structure in the inner disk.

Key words. accretion, accretion disks – stars: individual: RU Lup – stars: pre-main sequence – stars: variables: T Tauri, Herbig Ae/Be

1. Introduction

Classical T Tauri stars (CTTSs) are young (~ 1 – 10 Myr), low-mass ($< 2 M_\odot$) objects that accrete material from a circumstellar disk (Hartmann et al. 2016). Their strong magnetic fields truncate the disk at a few stellar radii (typically $5 R_*$, Hartmann et al. 2016). The current paradigm for the interaction between the disk and the star is magnetospheric accretion (Bouvier et al.

2007b), in which the material free-falls onto the star following the magnetic field lines.

The rich emission line spectrum is one of the defining characteristics of these systems (Joy 1945; Herbig 1962). The optical spectrum of CTTSs displays strong and broad (with a full width at zero intensity ≥ 200 km s⁻¹) permitted emission lines, such as the Balmer, He I, and Ca II H & K lines. Sometimes other metallic species such as Na I, Mg I, Ca I, Ca II, Fe I, and Fe II are observed in emission, especially during epochs of an increased accretion rate (e.g., Sicilia-Aguilar et al. 2012; Armeni et al. 2023). Permitted lines are thought to be formed in different

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structures around the star. The observed supersonic velocities, roughly consistent with free-fall velocities, suggest that the broad component (BC) of permitted emission lines is formed in the magnetospheric accretion flow (Hartmann et al. 2016). Many studies have shown that the Balmer and other emission line profiles and variability are compatible with this scenario (e.g., Muzerolle et al. 1998; Alencar et al. 2012; Bouvier et al. 2007a) and that their luminosity is related to the accretion rate of the system (Alcalá et al. 2017). The helium and metallic lines are also useful tracers of the dynamics of the accretion flow (Beristain et al. 1998, 2001). These lines typically show a narrow component (NC) superposed on the BC. The NC is formed in the footprint of the magnetic field on the stellar surface – that is, the post-shock region – and it is rotationally modulated with the stellar rotation period (Sicilia-Aguilar et al. 2015; Campbell-White et al. 2021). The different behavior between the BC of the He I and metallic lines and their different excitation conditions suggest the presence of temperature and density gradients in the accretion flow (Armeni et al. 2023). In particular, the He I lines require high-energy conditions that can be achieved in the pre-shock region, which is irradiated by the X-rays from the shock (Hartmann et al. 2016). Under such conditions, species such as Na, Ca, and Fe are expected to be highly ionized. For this reason, the low-ionized metallic lines are thought to originate closer to the disk (Sicilia-Aguilar et al. 2012, 2023; Armeni et al. 2023), where the dilution factor of the radiation from the shock is lower (Azevedo et al. 2006).

Another observational feature in the optical spectrum of CTTSs is the presence of a continuum excess flux relative to the photospheric spectrum, which results from the accretion shock at the stellar surface (Calvet & Gullbring 1998). This excess makes the photospheric absorption lines appear less deep in normalized spectra, an effect known as veiling (Hartigan et al. 1989). The veiling fraction (VF) is defined as the ratio of the excess flux, F_{acc} , due to accretion relative to the photospheric flux, F_{phot} ; that is, $\text{VF}_\lambda = F_{\text{acc}}(\lambda)/F_{\text{phot}}(\lambda)$. Gahm et al. (2008) showed that for extremely veiled ($\text{VF} \gtrsim 2$) CTTSs another component contributes to the veiling: line filling emission in the absorption lines, which dilutes the photospheric spectrum without any changes in the continuum emission from shocked regions.

Three-dimensional (3D) magnetohydrodynamic (MHD) simulations showed that the interaction between the star and the disk is complex (Romanova & Owocki 2015). It has been shown that CTTSs may accrete in either a stable or an unstable regime (Romanova et al. 2003, 2004; Kulkarni & Romanova 2008; Pantolmos et al. 2020). In the stable regime, the disk matter is channeled in funnel streams by the magnetic fields, forming polar hot spots on the stellar surface. In the Rayleigh-Taylor (RT) unstable regime, the matter penetrates through the magnetosphere in tongues. This leads to the formation of several chaotic hot spots close to the stellar equator. The light curves are expected to be periodic with the stellar rotation period (P_\star) in the stable regime and stochastic in the unstable regime.

According to the simulations, the transition between the stable and unstable regimes depends on the ratio between the magnetospheric truncation radius, R_T , and the corotation radius, R_{co} . The corotation radius is the radius at which the Keplerian angular velocity of the disk matches the angular velocity of the star. The truncation radius is defined as the radius where the magnetic field pressure is equal to the ram pressure in the disk. By fitting the results of a series of 3D MHD simulations,

Kulkarni & Romanova (2013) showed that

$$\frac{R_T}{R_\star} = 1.06 \left(\frac{B_\star^4 R_\star^5}{\dot{M}_{\text{acc}}^2 G M_\star} \right)^{1/10}, \quad (1)$$

where R_\star is the stellar radius, B_\star is the strength of the stellar dipolar magnetic field at the stellar surface, \dot{M}_{acc} is the mass accretion rate from the disk, G is the gravitational constant, and M_\star is the stellar mass. All parameters are in cgs units. Accretion is unstable if $R_T/R_{\text{co}} \lesssim 0.71$ and stable otherwise (Blinova et al. 2016).

Romanova & Kulkarni (2009) showed that in systems with small magnetospheres, unstable accretion proceeds through a magnetic boundary layer (MBL). In this regime, two ordered streams are formed. These tongues of matter and the resulting hot spots rotate with the Keplerian period, P_T , at the truncation radius. This leads to the observation of quasi-periodic oscillations (QPOs) at P_T in the light curves. In their simulations, the authors observed a correlation between the size of the magnetosphere and the period of the QPOs. When the magnetosphere is smaller, the detected period decreases. Blinova et al. (2016) further investigated the conditions for the development of this regime, showing that it occurs for systems with $R_T \lesssim 4.2 R_\star$ when $R_T/R_{\text{co}} \lesssim 0.59$.

This work focuses on RU Lup (Sz 83), a young K7 star (Alcalá et al. 2017) located in the Lupus cloud at a distance of 158.9 ± 0.7 pc (Gaia Collaboration 2021). RU Lup is a monitoring target within the *Hubble UV Legacy Library of Young Stars as Essential Standards*, (ULLYSES, Roman-Duval et al. 2020; Espaillat et al. 2022) survey for CTTSs. Manara et al. (2023) reported a value of $\dot{M}_{\text{acc}} = 10^{-7} M_\odot \text{ yr}^{-1}$ for RU Lup, making it the strongest accretor in Lupus. This star is also very active, with an accretion rate that can vary up to a factor of 2 on a timescale of weeks (Stock et al. 2022). Wendeborn et al. (2024a) show that the accretion rate reached median values of $1.7 \times 10^{-7} M_\odot \text{ yr}^{-1}$ in 2021, and it dropped considerably one year later, with a median of $6 \times 10^{-8} M_\odot \text{ yr}^{-1}$. Stempels et al. (2007) derived $P_\star = 3.71$ d by analyzing the radial velocity of the photospheric absorption lines. Many works have focused on the photometric variability of RU Lup, but failed to recover any stable periodicity (Percy et al. 2010; Siwak et al. 2016; Wendeborn et al. 2024b).

Herczeg et al. (2005) estimated $A_v \sim 0.07$ mag for RU Lup. This value is compatible with its pole-on orientation, obtained from both spectroscopy (Stempels et al. 2007) and interferometry (GRAVITY Collaboration 2021). This allows us to study the accretion process and its variability without the contribution of variable extinction due to circumstellar dust in our line of sight. The optical spectrum of RU Lup comprises a plethora of emission lines from metallic species.

These characteristics make RU Lup suitable for studying the magnetospheric accretion process in a likely RT-unstable regime (given its high \dot{M}_{acc} , Stock et al. 2022) by comparing photometric observations with 3D MHD simulations. The spectroscopic data allows instead to study the star-disk interaction and the physics regulating the processes in the inner, gaseous disk.

This paper is organized as follows. In Sect. 2, we present the observations. We update the stellar parameters of RU Lup in Sect. 3. We present the analysis of the NCs and the veiling spectrum in Sect. 4, the analysis of the BC of the metallic lines in Sect. 5, and the analysis of the TESS light curve in Sect. 6. We discuss the results in Sect. 7 and outline our conclusions in Sect. 8.

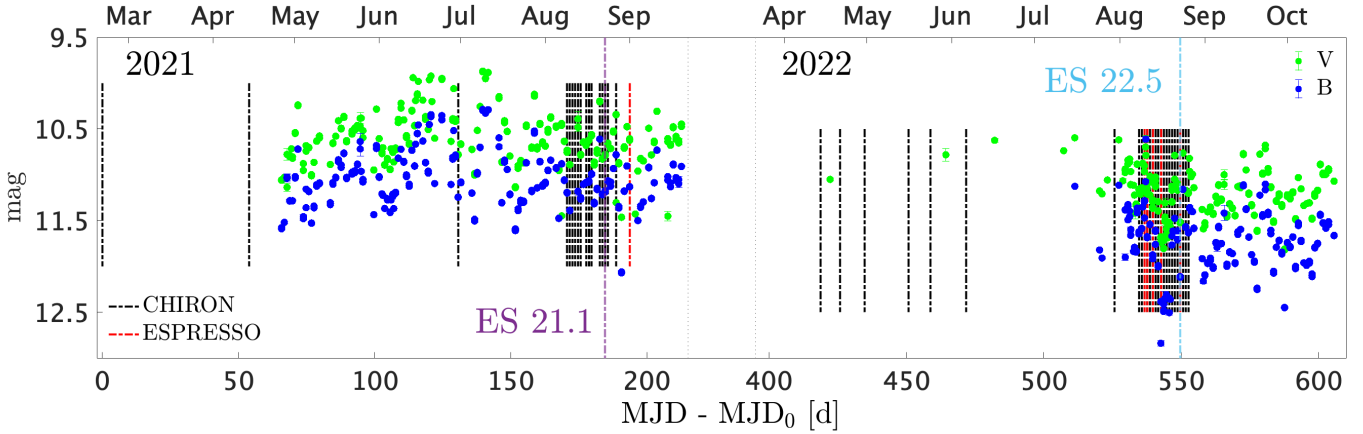


Fig. 1. AAVSO *B* (blue) and *V* (green) photometry contemporaneous to the spectroscopic observations in 2021 and 2022. The vertical dashed lines mark the epochs of the CHIRON (black) and ESPRESSO (red) observations. The ES 21.1 and ES 22.5 spectra shown in Fig. 2 are marked in violet and light blue. Here, $MJD_0 \equiv 59264.336$.

2. Observations

In this section, we describe the data that we used to study RU Lup.

2.1. Spectroscopy

The spectroscopic data were obtained with two different instruments. Medium-resolution optical (4080–8900 Å) spectra were obtained with CHIRON (Tokovinin et al. 2013), an echelle spectrograph mounted on a 1.5 m telescope that is part of the Small and Moderate Aperture Research Telescope System (SMARTS) at Cerro Tololo Inter-American Observatory. A total of 58 spectra were taken in three different epochs: 19 spectra in 2021, 27 spectra in 2022, and 12 spectra in 2023. Except for three observations taken at a resolving power of $R = 78\,000$ in 2021, the rest of the CHIRON observations have $R = 27\,800$. The spectra were reduced and flux-calibrated in the manner described by Walter (2018)¹.

High-resolution ($R = 140\,000$) optical (3800–7880 Å) spectra were obtained with the Echelle Spectrograph for Rocky Exoplanets and Stable Spectroscopic Observations (ESPRESSO, Pepe et al. 2021) in the framework of the PENELLOPE program (Manara et al. 2021). Two spectra were obtained in 2021 in Pr. ID 106.20Z8.003 and five in 2022 in Pr. ID 106.20Z8.007 (PI Manara). The ESPRESSO spectra were reduced by the PENELLOPE team, as is described in Manara et al. (2021). Telluric correction was performed using the molecfit tool (Smette et al. 2015).

For clarity, throughout this article each spectrum is labeled as “ID yy.j” where ID is either CH or ES for a CHIRON or ESPRESSO observation, respectively, yy are the last two digits of the year, and j is the j^{th} observation from that spectrograph in that year. For example, the third ESPRESSO observation from 2022 is called ES 22.3. The log of the spectroscopic observations is reported in Table A.1.

2.2. Photometry

RU Lup was observed with the Transiting Exoplanet Survey Satellite (TESS, Ricker et al. 2014). TESS produces short-cadence, about one-month-long light curves with a spectral

response that covers the red/infrared wavelength range (~ 0.6 – $1.1\ \mu\text{m}$). The observation is a 200 seconds cadence light curve from Sector 65 (2023). We downloaded the light curve, extracted and reduced by the TESS Science Processing Operations Center (SPOC), from the MAST archive². The TESS Sector 65 light curve is contemporaneous to nine CHIRON observations from 2023.

To supplement the spectroscopic observations with multi-band photometry, we downloaded data from the American Association of Variable Star Observers (AAVSO) International Database³. This data set is composed of BVR_cI_c photometry taken in 2021 and 2022. For spectroscopic data that were taken close in time to a set of photometric observations, we used the *B*, *V*, *R_c* photometry to flux-calibrate the spectra, following the procedure outlined by Armeni et al. (2023). We set an upper limit of 0.25 days (6 hours) on the temporal distance between the spectrum and the photometry, based on the photometric variability of the system inferred from TESS (Sect. 6). Figure 1 shows the AAVSO *B* and *V* photometry, together with the spectroscopic observations from 2021 and 2022.

In summary, we have three different epochs of spectroscopic observations: 2021, 2022, and 2023. The first two are supplemented by the AAVSO photometry, while the last one by the TESS Sector 65 light curve.

3. Stellar parameters with ESPRESSO

The photospheric parameters of RU Lup were previously estimated by Frasca et al. (2017) by fitting a medium-resolution ($R \sim 17\,400$) X-Shooter (Vernet et al. 2011) spectrum with the ROTFIT routine (Frasca et al. 2015). Here, we take advantage of the higher resolution of the ESPRESSO spectra to improve these measurements.

Fitting a spectrum of a highly accreting CTTS such as RU Lup is not an easy task. In some epochs, the spectrum is dominated by broad emission lines that make it difficult to identify the continuum. In addition, the photospheric lines are weaker because of veiling. An example of such an extreme veiling state is the ES 21.1 observation, shown in Fig. 2 in violet. The region between 5770 and 5805 Å shows the effect of line-filling

² <https://archive.stsci.edu/>

³ <https://www.aavso.org/aavso-international-database-aid>

¹ https://www.astro.sunysb.edu/fwalter/SMARTS/CHIRON/ch_reduce.pdf

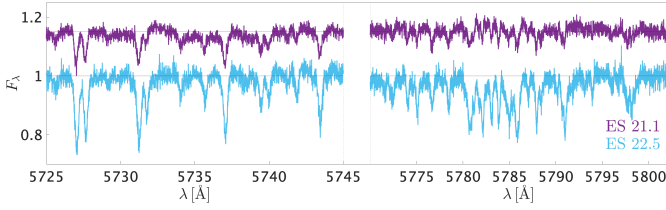


Fig. 2. ES 21.1 and ES 22.5 spectra in two regions where the photospheric absorption lines are observed. The region between 5770 and 5805 Å shows the effect of line-filling emission.

Table 1. Stellar parameters of RU Lup.

Parameter	Value	Ref.
d	158.9 ± 0.7 pc	[1]
SpT	K7	[2]
T_{eff}	4250 ± 60 K	[3]
$v \sin i$	8.6 ± 1.4 km s $^{-1}$	[3]
RV	0.55 ± 0.06 km s $^{-1}$	[3]
VF $_{5500}$	1.57 ± 0.31	[3]
L_{\star}	$1.46 \pm 0.67 L_{\odot}$	[4]
M_{\star}	$0.55 \pm 0.13 M_{\odot}$	[4]
R_{\star}	$2.27 \pm 0.52 R_{\odot}$	[3]
P_{\star}	3.71 ± 0.01 d	[5]
i_{\star}	$16 \pm 5^{\circ}$	[3]
i_d	16_{-8}^{+6}	[6]
R_{co}	$\sim 3.64 R_{\star}$	[3]
A_v	~ 0.07 mag	[7]

Notes. [1] Gaia Collaboration (2021); [2] Alcalá et al. (2017); [3] this work (Sect. 3); [4] Manara et al. (2023); [5] Stempels et al. (2007); [6] GRAVITY Collaboration (2021); [7] Herczeg et al. (2005).

emission of the photospheric lines. The multi-epoch monitoring of RU Lup with ESPRESSO allowed us to observe the system in a state of lower veiling with a signal-to-noise ratio (S/N) of ~ 40 . This observation (ES 22.5) is shown in Fig. 2 in light blue. We focused on this spectrum to determine the stellar parameters.

We applied ROTFIT to different portions of the spectrum, masking emission lines where necessary. We used as templates a library of *High Accuracy Radial velocity Planet Searcher* (HARPS, Mayor et al. 2003) spectra of real stars retrieved from the ESO Archive (see Manara et al. 2021). This library is mostly composed of main-sequence stars, with the exception of the early-K spectral type for which subgiant stars are also included. We avoided including weak-lined T Tauri stars because for most of them the projected rotational velocities are too high for the fitting purposes. Moreover, some of their lines are contaminated by strong chromospheric emission. Since the templates are more evolved than our targets, the values of $\log g$ determined with these templates can be overestimated. For this reason we do not report here the $\log g$ measured for RU Lup. The stellar parameters obtained from the ROTFIT analysis of the ESPRESSO spectra are reported in Table 1, together with the other properties of RU Lup adopted from the literature. Thanks to the high resolution of ESPRESSO, we improved the measurement of the projected stellar rotational velocity ($v \sin i$), reducing the uncertainty by a factor of ~ 3.5 relative to the uncertainty given by Frasca et al. (2017).

Using the stellar luminosity (L_{\star}) obtained by Manara et al. (2023), we computed the stellar radius by inverting the Stefan-Boltzmann law $L_{\star} = 4\pi R_{\star}^2 \sigma T_{\text{eff}}^4$. The estimate of the stellar mass (M_{\star}) from Manara et al. (2023), together with P_{\star} (Stempels et al. 2007) results in $R_{\text{co}} = 8.26 \pm 0.65 R_{\odot} = 3.64 \pm 0.88 R_{\star}$.

4. Hot spot revealed by narrow component variability

The magnetospheric accretion scenario predicts the presence of hot spots on the stellar surface. The hot spots produce an excess continuum flux (Calvet & Gullbring 1998), that can be observed photometrically (e.g., Espaillat et al. 2021), and NCs in emission lines of species such as He I, He II, Fe I, Fe II, Ca II, etc. (Dodin & Lamzin 2012) that can be traced spectroscopically (McGinnis et al. 2020). Since they are formed close to the stellar surface, the NCs are expected to be rotationally modulated with P_{\star} . The radial velocity of the NC describes a sinusoidal curve as the star rotates

$$v_{\text{rad}}(\phi) = v_0 + v \sin i \cdot \cos \theta_S \cdot \sin [2\pi(\phi - \phi_S)] \quad (2)$$

(e.g., Sicilia-Aguilar et al. 2015; McGinnis et al. 2020). Here, v_0 is an offset velocity that includes the stellar systemic velocity and any other velocities due to additional motions of the emitting material (such as infall), ϕ and ϕ_S are phase angles ($0 \leq \phi, \phi_S < 1$), and θ_S is the latitude of the spot; that is, the angle between the position of the spot and the stellar equator. The amplitude $A = v \sin i \cdot \cos \theta_S$ of the modulation is, thus, a fraction of $v \sin i$ and the closer the spot is to the pole, the smaller the modulation.

The study of the NC variability in EX Lup and TW Hya (Campbell-White et al. 2021; Sicilia-Aguilar et al. 2023) showed how lines from different species exhibit different amplitudes and phases, and hence trace material at different positions on the stellar surface. These studies also revealed that these line-emitting regions are surprisingly stable over several years, even when the accretion rate increases (e.g., during the bursts of EX Lup, Sicilia-Aguilar et al. 2023). In our case, the study of the NCs is limited by the spectral resolution of the observations. The NC of the metallic lines is typically narrower than, for instance, the NC of the He I lines, making it difficult to detect in the lower resolution CHIRON spectra. Moreover, strong line blends (e.g., between the He I 5016 and Fe II 5018 lines) and contamination by photospheric absorption lines (e.g., in the He II 4686 line) complicate the fit of the NC. For these reasons, we focused on the He I 5876 line, the NC of which can always be discerned in our spectra.

4.1. Modulation of the He I 5876 narrow component

The usual approach is to fit the line profile with two Gaussian functions, one for the BC and one for the NC (e.g., Campbell-White et al. 2021). However, the He I 5876 line profiles of RU Lup are more complex and we had to modify the fit function (see Appendix B). We used three Gaussian functions, two accounting for the BC and one for the NC. In addition, we allowed the Gaussian for the NC to be asymmetric, with two different widths (parameterized by the standard deviation, σ), one for the red wing (σ_r) and the other for the blue wing (σ_b). Figure 3 displays the best fit of the He I 5876 line for the ES 21.1 spectrum with two different models, one using three symmetric Gaussian functions (3S) and one using the asymmetric Gaussian for the NC (2S+1A). The 2S+1A best fit demonstrates that the NC red wing is more extended than the blue wing, with

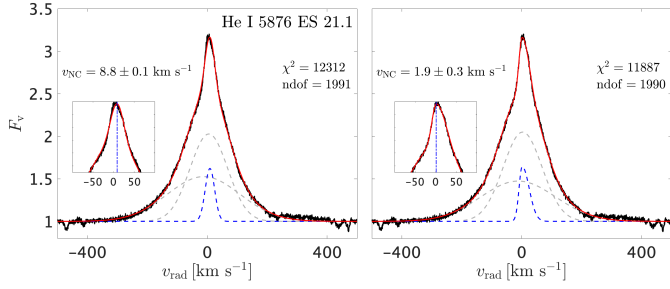


Fig. 3. Best fit of the He I 5876 line in ES 21.1 with two different models. Both models use three Gaussian functions. In the left panel, the Gaussian for the NC is symmetric, while in the right panel it has two different σ . See Appendix B for details on the model. The single components are marked with dashed lines, with the blue one indicating the Gaussian for the NC. The insets are a zoom on the NC.

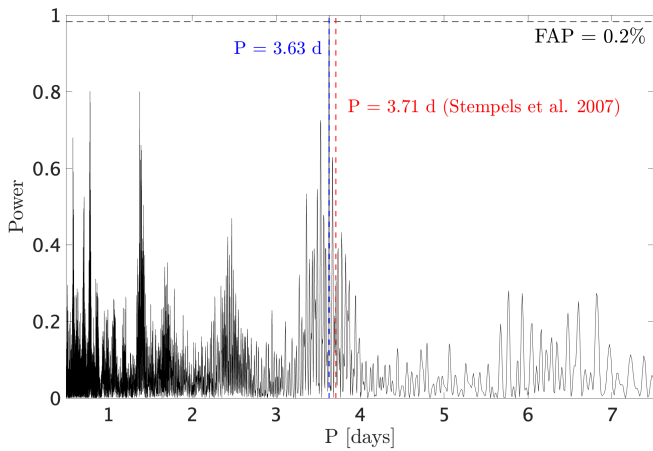


Fig. 4. Lomb Scargle Periodogram of the radial velocity of the He I 5876 NC.

$\sigma_r = 32.9 \pm 0.5 \text{ km s}^{-1}$ and $\sigma_b = 14.9 \pm 0.4 \text{ km s}^{-1}$. This is in agreement with formation in an infalling region. The comparison between the chi-square (χ^2) of the two models indicates that the 2S+1A model better reproduces the line profile.

We fit our observations with the 2S+1A model and obtained the radial velocity of the NC (v_{NC}), defined as in Eq. (B.1), as a function of time. Then, we computed the Lomb-Scargle Periodogram (LSP, Lomb 1976; Scargle 1982) of these radial velocity measurements. The result is shown in Fig. 4. We detected a signal with a false alarm probability (FAP) of 0.2% at a period of 3.63 days, that differs by ~ 2 h from the stellar rotation period presented by Stempels et al. (2007). The discrepancy with the Stempels et al. (2007) period can be attributed to the intrinsic variability of the region that is traced by the NC.

Figure 5 shows the radial velocity curve, phase-folded using the detected period and $\text{MJD}_0 \equiv 59264.336$ as reference date for $\phi = 0$. Although there is a $\sim 1 \text{ km s}^{-1}$ variability between different epochs and some outliers (e.g., at $\phi \approx 0.6$) the modulation is overall sinusoidal. The best fit of the radial velocity curve with a sinusoidal function (Eq. (2)) gives information about the position of the emitting region on the stellar surface (Sicilia-Aguilar et al. 2015). We obtained $v_0 = 1.46 \pm 0.09 \text{ km s}^{-1}$, $A = 2.53 \pm 0.13 \text{ km s}^{-1}$, and $\phi_S = 0.75 \pm 0.01$. Using $v \sin i = 8.6 \pm 1.4 \text{ km s}^{-1}$ (Sect. 3), we derived $\theta_S = 73 \pm 3^\circ$. The magnetic obliquity $\Theta = 90^\circ - \theta_S$, that is, the angle between the stellar rotation axis and the position of the NC-emitting region (McGinnis et al. 2020), is $\sim 20^\circ$, indicating that

the magnetic field axis is misaligned with respect to the stellar rotation axis. The footprint of the magnetic field is close to the stellar pole, similar to what is observed for EX Lup and TW Hya (Sicilia-Aguilar et al. 2023).

4.2. Narrow component of the helium and metallic lines

Although the resolution and the S/N of the CHIRON spectra did not allow us to study the modulation of the NC of the metallic lines, these components can be discerned in the ESPRESSO spectra with high S/N. We selected six emission lines that show a NC in ES 22.5, namely the He I 5876, He II 4686, Mg I 5184, Si II 6347, Fe I 5447, and Fe II 5317 lines. The profile of some of these lines is severely contaminated by the underlying photospheric absorption. Therefore, we used our best fit non-accreting template to remove the stellar contribution. For each line, we adjusted the veiling to match the depth of the photospheric lines. This procedure worked for all but the Fe II 5317 line, for which the photospheric HARPS template has a gap. However, the line is strong enough that its profile can be fit even without removing the photospheric spectrum.

We fit the photospheric subtracted spectra with the multiple Gaussian model introduced in Sect. 4.1, with the aim of deriving the parameters of the NC. For all lines, an asymmetric Gaussian was used to fit the NC. The results are illustrated in Fig. 6. The red asymmetry already observed in the He I 5876 NC appears to be a common feature of the NCs of the metallic lines, with the higher-excitation lines (i.e., Si II and Fe II) being more asymmetric. Conversely, the He II line appears to be symmetric. The NCs of the helium lines are substantially broader than those of the metallic lines, suggesting that these two sets of NCs are formed in different regions of the hot spot structure. This is in agreement with the energy requirements for the formation of the helium lines. Since the upper level of the He II 4686 line has $E_j = 51.01 \text{ eV}$, this line must be formed in a region that is irradiated by the X-rays from the accretion shock. Under such conditions, magnesium and iron are expected to be ionized at least once.

4.3. Anti-phase radial velocity variations

We calculated the photospheric velocity relative to the ES 22.5 spectrum, v_{phot} , by cross-correlating the latter with the other ESPRESSO spectra in the region between 5725 and 5745 Å. Figure 7 shows how v_{phot} is in anti-phase with v_{NC} . This effect was already observed for RW Aur (Petrov et al. 2001), DR Tau (Petrov et al. 2011), and EX Lup (Sicilia-Aguilar et al. 2015), and can be explained with the rotation of a hot spot that emits in narrow emission lines and distorts the photospheric absorption lines. This feature is offset relative to the stellar rotation axis, producing a rotational modulation of the centroids of both emission and absorption lines, which are in anti-phase (e.g., Petrov et al. 2011; Rei et al. 2018). Therefore, the anti-phase radial velocity variations of the He I 5876 NC and the photospheric lines confirms the hypothesis that the NCs are produced in a hot spot on the stellar surface in RU Lup.

4.4. Veiling spectrum: Continuum and line emission

We focused on the high-resolution ESPRESSO spectra to study the veiling spectrum. Figure 2 shows how the photospheric lines are not only veiled by an excess continuum, but also by narrow line-filling emission likely coming from the hot spot (Sect. 4.3).

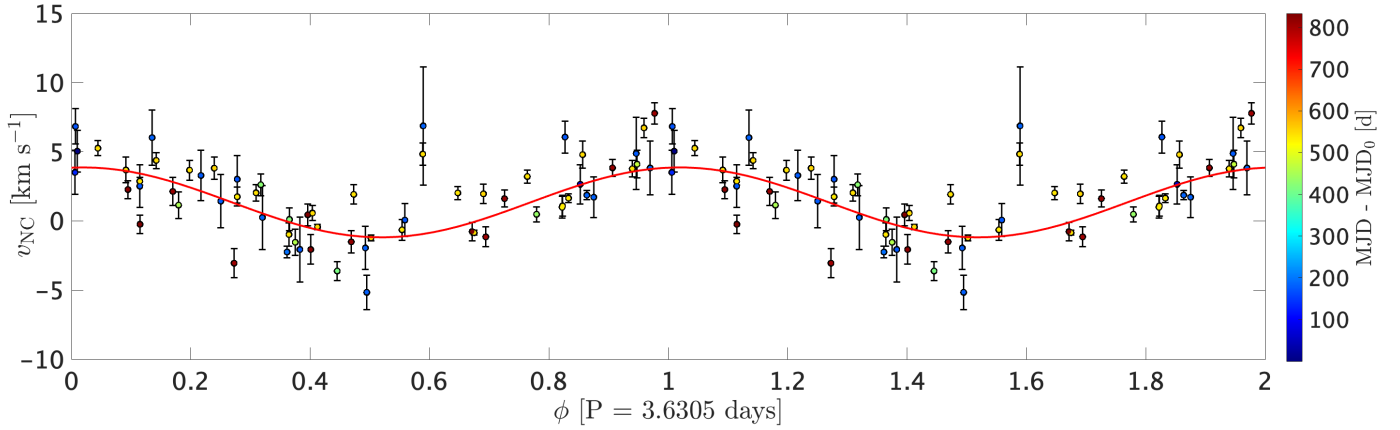


Fig. 5. Phase-folded radial velocity curve of the He I 5876 NC. The red line is the best fit with a sinusoidal function.

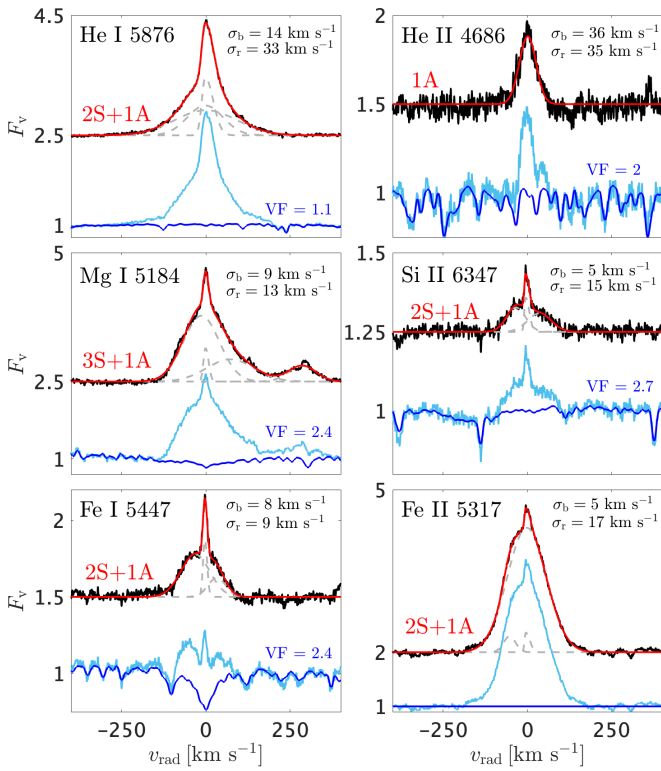


Fig. 6. Selection of emission lines that have a NC. The light blue spectrum is ES 22.5. The dark blue spectra are the template that best fits the stellar spectrum (Sect. 3), veiled to match the depth of the photospheric lines. The photospheric subtracted spectra are shown in black, with Gaussian best fits superposed in red. The red label specifies the multiple Gaussian model used (Appendix B).

Since the ESPRESSO spectra are absolutely flux-calibrated, it is possible to disentangle the continuum and the line emission contribution to the veiling. To do this, we subtracted ES 22.5 from the other ESPRESSO observations, after correcting for shifts in radial velocity by cross-correlating the spectra. This procedure is a flux-calibrated version of the one employed by Herczeg et al. (2023) to measure the veiling in TW Hya. The result is illustrated in Fig. 8 for the region around 5800 Å.

Under the assumption that the ES 22.5 observation represents the photospheric spectrum plus a featureless continuum with a VF of $VF_T = 1.57$ (Sect. 3), the subtraction removes the

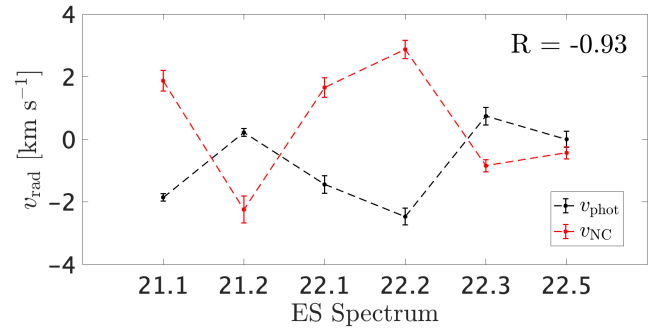


Fig. 7. Anti-phase radial velocity variations of the He I 5876 NC (red) and the photospheric lines (black) in the ESPRESSO spectra. R is the Pearson correlation coefficient between v_{phot} and v_{NC} .

photospheric spectrum and reveals the veiling spectrum, which consists of two components: continuum and line emission. The continuum veiling fraction relative to ES 22.5 (VF_C) can be directly calculated as the ratio between the average fluxes of the subtracted spectrum and the ES 22.5 spectrum in the region between 5800 and 5803 Å, where the spectra are free of absorption lines. This means that in the subtracted spectra, that region represents the excess continuum relative to ES 22.5.

In Appendix C, we calculated the relative veiling, VF_{rel} , between any given spectrum and the template ES 22.5 by finding the value that best fits the normalized spectrum assuming that the photospheric lines are weakened only by an excess continuum. This value is much higher than the value of VF_C that we find above for the same wavelength region. As an example, we calculated $VF_{\text{rel}} = 2.91 \pm 0.11$ and $VF_C = 0.52 \pm 0.03$ for the ES 21.1 observation. The values of VF_C and VF_{rel} are different because of the effect of line-filling emission, which reduces the depth of the photospheric lines in normalized spectra in the same way as a diluting continuum (see, e.g., Fig. C.1). This result highlights the importance of the contribution of the line-filling emission to the veiling in highly veiled CTTSs, as already discussed by Gahm et al. (2008), Petrov et al. (2011), and Rei et al. (2018).

5. Spectroscopic variability of the metallic lines

The two spectra in Fig. 2 represent two different states of veiling of RU Lup. We estimated the veiling of the ES 21.1 observation, as is explained in Appendix C, obtaining $VF = 5.6 \pm 0.9$.

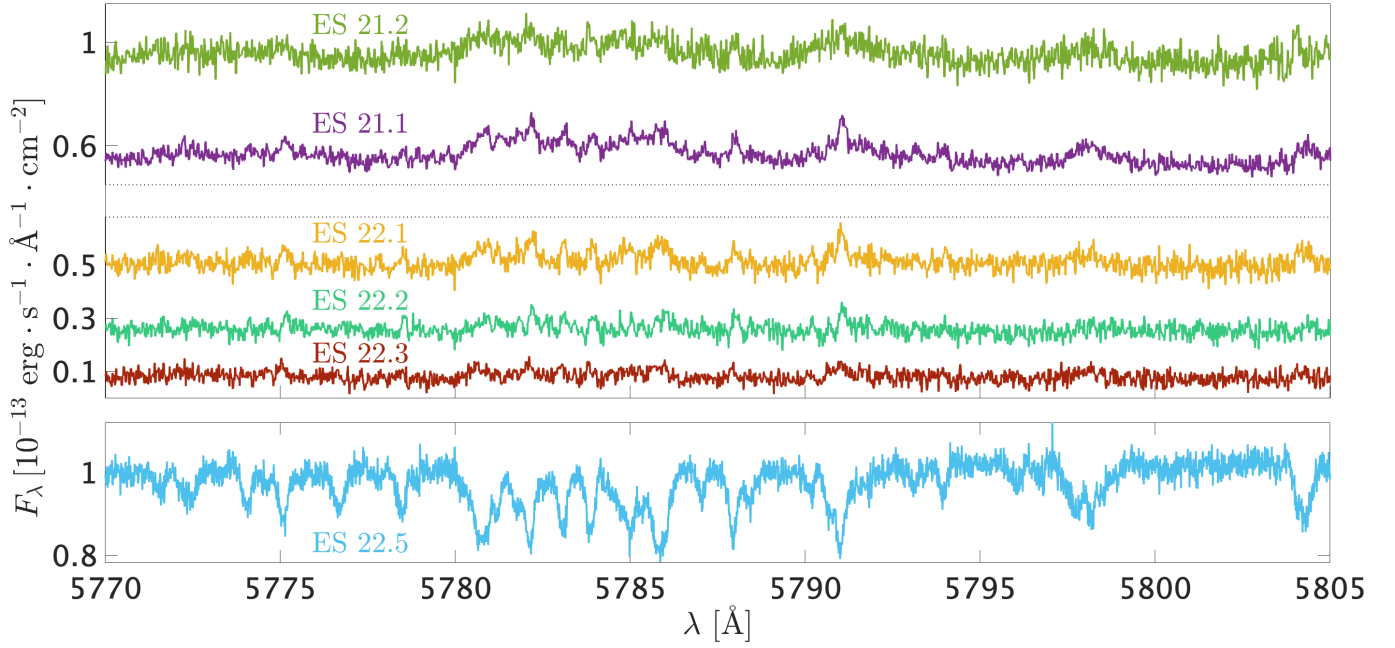


Fig. 8. Flux-subtraction of the ES 22.5 spectrum from the other ESPRESSO spectra. The top panel shows the five subtracted spectra median filtered to three points. ES 22.5 is shown in the bottom panel for reference.

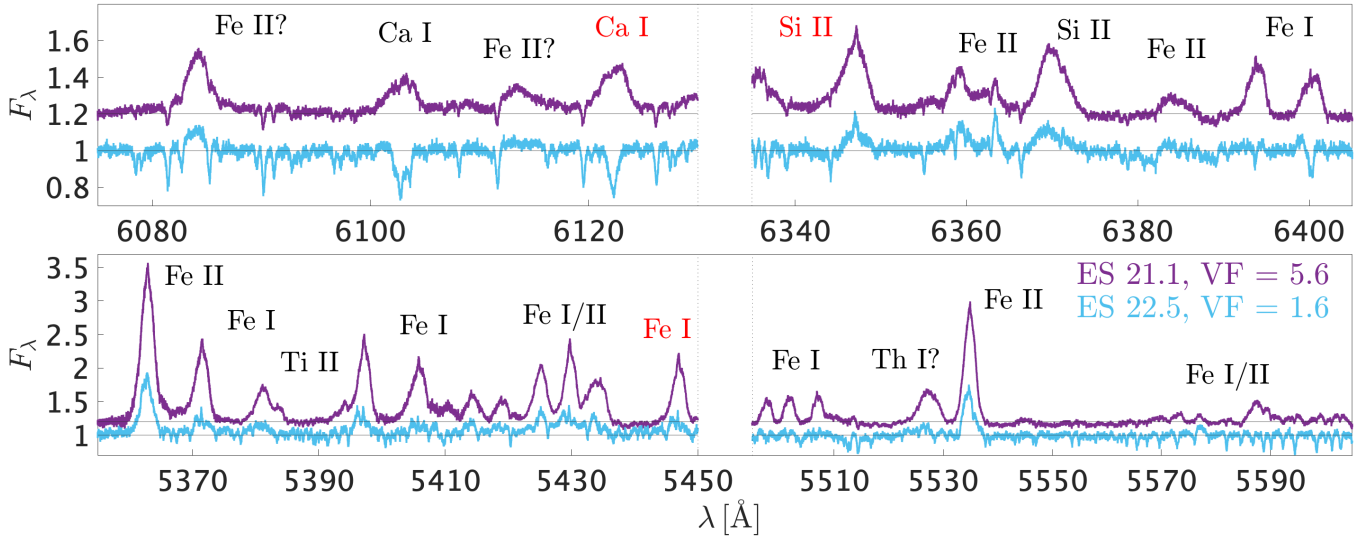


Fig. 9. Comparison between the ES 21.1 and ES 22.5 spectra in regions dominated by metallic emission lines. Species producing line emission are marked. The Fe I 5447, Si II 6347, and Ca I 6122 lines used in Sect. 6.1 are marked in red.

For the ES 22.5 spectrum, we derived $\text{VF} = 1.6 \pm 0.3$ (Sect. 3). Figure 9 shows the differences in the emission line spectrum between these two observations. Emission lines from Fe II (e.g., Fe II 5363 and 5535) are present in both spectra, but they are stronger relative to the continuum in ES 21.1. The emission line spectrum is richer in ES 21.1, with a large number of transitions, mostly from neutral species such as Fe I and Ti I, appearing in emission. These metallic lines have a BC with a full width at half maximum (FWHM) of $\sim 150 \text{ km s}^{-1}$. In Fig. 9 we marked in red the Fe I 5447, Si II 6347, and Ca I 6122 lines, which are not blended with other lines and are clear examples of how the line strength increases relative to the continuum in the spectrum with higher veiling. The Ca I doublet ($\lambda\lambda$ 6103, 6122) has the most striking variability between the two observations, being strongly in absorption in ES 22.5 but completely filled in with emission

in ES 21.1. The comparison between the ES 21.1 and 22.5 spectra indicates that the strength of these lines can be used as proxy of states of the accretion state.

Several studies (e.g., [Petrov et al. 2001](#); [Sicilia-Aguilar et al. 2012, 2023](#)) showed that the BC of the metallic lines is formed in the circumstellar environment of the star. However, these lines must be formed in a different region with respect to, for instance, the He I lines. Iron and calcium are expected to be ionized in the high temperature conditions required for the formation of the He I lines ([Armeni et al. 2023](#)).

To understand the difference between the region of formation of these species, we selected four emission lines to analyze their BC. These lines are the He I 6678, Fe I 5447, Fe II 5317, and Si II 6347 lines. The λ 5447 and λ 5317 lines are among the few iron lines that are isolated and not blended with other emission

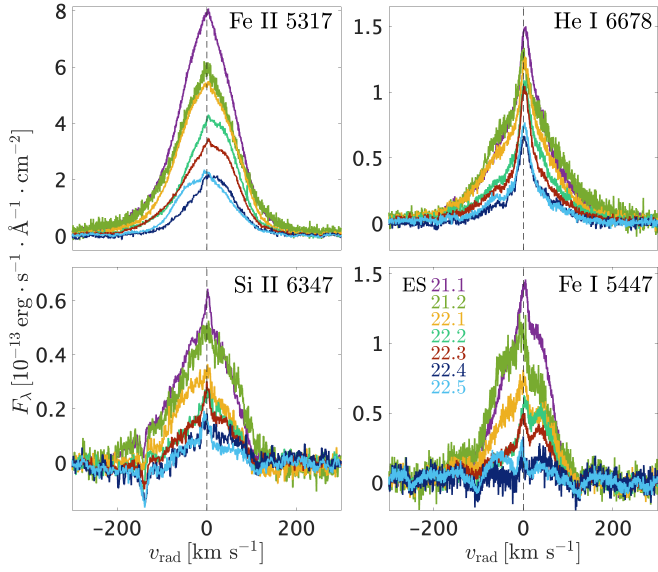


Fig. 10. Continuum subtracted profiles of the Fe II 5317, He I 6678, Si II 6347, and Fe I 5447 lines in the ESPRESSO spectra.

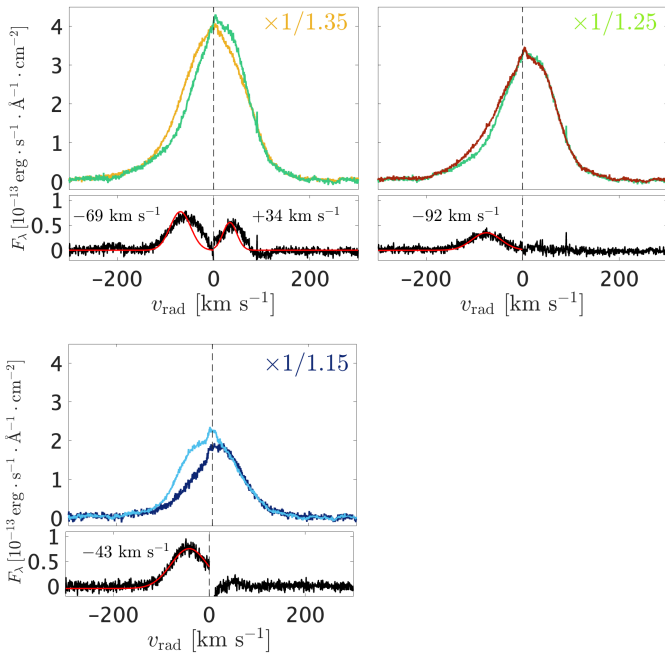


Fig. 11. Subtraction between consecutive Fe II 5317 ESPRESSO spectra. The color code is the same as in Fig. 10. The profiles were rescaled by a constant (upper right corner). The bottom panels show the subtracted profiles, with Gaussian fits superposed.

lines. We chose the $\lambda 6678$ line instead of the $\lambda 5876$ line for He I because it is less optically thick, hence a better tracer of the gas dynamics. The Si II 6347 line was selected because its profile is not contaminated by photospheric absorption, given the high energy of its lower level ($E_i = 8.12$ eV). The lines are plotted in absolute flux in Fig. 10.

The comparison between the Fe II 5317 line profiles in the ESPRESSO spectra shows the existence of a component with a variable radial velocity. This is illustrated in Fig. 11, where three sets of two consecutive ESPRESSO observations are subtracted from each other in the Fe II 5317 line. Before subtracting, we

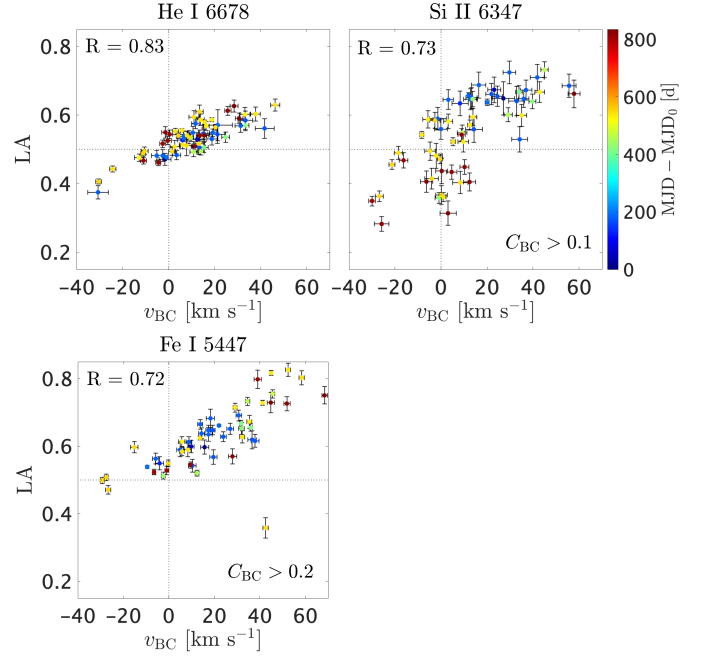


Fig. 12. Relation between v_{BC} and LA for the He I 6678, Si II 6347, and Fe I 5447 lines. R is the Pearson correlation coefficient.

rescaled the line profiles so that the wings matched. The subtraction reveals that the component has velocity centroids ranging between ~ -90 and $\sim +35$ km s $^{-1}$ and it is responsible for the variations in the shape of the line.

The variability of the asymmetry of the BC suggests the presence of a non-axisymmetric structure rotating around the star. To further explore this scenario, we fit the other three selected lines with Gaussian functions. For all three lines, we used an asymmetric Gaussian to fit the BC. The NC of the He I 6678 line can be always discerned in our observations. Therefore, we fit the He I line profiles with a 1S+1A model. Conversely, the NC of the Fe I and Si II lines is sometimes absent or it cannot be discerned in observations with lower S/N. For this reason, we masked the profiles of these lines between -15 and $+15$ km s $^{-1}$ and fit the remaining line profile with a 1A model. The fit parameters for the BCs are the strength of the component relative to the continuum (C_{BC}), its velocity (v_{BC}), and the widths of the blue and red wings (σ_b and σ_r). From the widths, we derived the FWHM and the line asymmetry to the blue (LA) as $FWHM = \sqrt{2 \ln 2} \cdot (\sigma_b + \sigma_r)$ and $LA = \sigma_b / (\sigma_b + \sigma_r)$. When the line was weak relative to the continuum, the fit did not converge. For this reason, we excluded fits with $C_{BC} < 0.2$ for Fe I 5447 and $C_{BC} < 0.1$ for Si II 6347. The results of the best fits are displayed in Fig. 12 in the form of the relation between v_{BC} and LA for each emission line. There is a high (Pearson $R > 0.70$) positive correlation between these two parameters for each line, that is, the higher LA, the more the line center is redshifted. The He I 6678 BC is less influenced by line shifts, it is most of the times asymmetric to the blue ($LA > 0.5$) and redshifted. Also the Fe I 5447 BC is redshifted in 42 out of 53 observations, and it is sometimes highly blue-skewed (with $LA \geq 0.7$). The Si II 6347 BC is the only one with significant asymmetry to the red ($LA < 0.5$). All the lines have v_{BC} between -30 and $+60$ km s $^{-1}$.

A selection of four observations that highlight the variability of the line asymmetry is shown in Fig. 13. In CH 21.10 and CH 22.7 the Si II BC is blue-skewed, while in CH 22.27 and

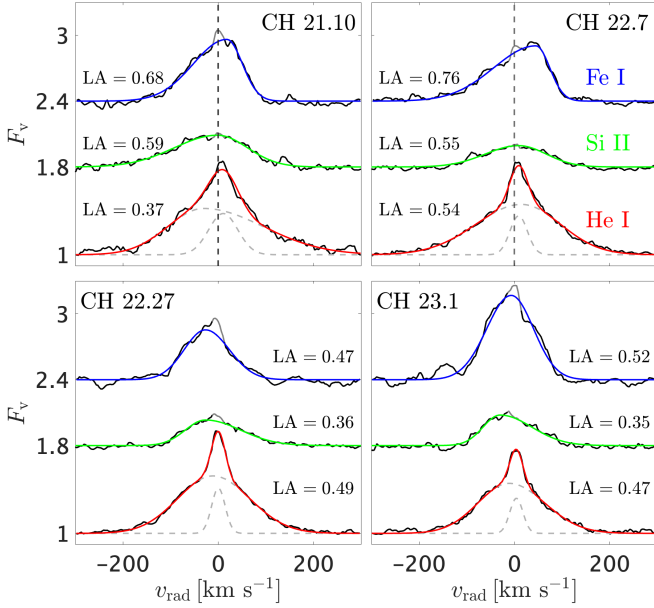


Fig. 13. Selected observations showing the variability of the asymmetry of the He I 6678, Si II 6347, and Fe I 5447 lines. Here, LA is the line asymmetry to the blue.

CH 23.1 it is red-skewed. The change from red to blue asymmetry is in agreement with what is observed in the Fe II 5317 line and further supports the hypothesis of a non-axisymmetric flow rotating around the star. Different transitions have different line asymmetries in the same observation, suggesting that although these emission lines are produced in the accretion flow, they trace different regions of it. This is confirmed by the different FWHM of the lines, which is on average ~ 250 , 190 , and 173 km s^{-1} , for the He I, Si II, and Fe I lines, respectively. These values are compatible with a formation in a stratified flow, as observed for HM Lup (Armeni et al. 2023). The He I 6678 line has the most extreme excitation conditions among the three lines, since its upper level has $E = 23.07 \text{ eV}$. Therefore, it must be formed closer to the star, where the gas is likely irradiated by the X-ray radiation from the shock and has higher velocity, than the Si II and Fe I lines.

6. TESS light curve

The TESS Sector 65 light curve of RU Lup is displayed in Fig. 14. We converted the TESS pre-search data conditioning simple aperture photometry (PDCSAP) flux (F) into TESS magnitudes T using the relation $T = -2.5 \log_{10} F + ZP$, where $ZP = 20.44$ is the TESS Zero Point magnitude (Vanderspek et al. 2018). The time t is computed relative to the MJD of the beginning of the observation ($\text{MJD}_{\text{beg}} = 60068.25$).

If the hot spot has a photometric signature, we expect its maximum contribution at phase ϕ_S (Sect. 4), marked with dashed blue lines in Fig. 14. This phase is a quarter of period after the maximum blueshift and a quarter of period before the maximum redshift of the hot spot, hence it is the position where the spot area projected along the line of sight is maximum. For most cycles this phase does not coincide with a maximum in the TESS light curve. This suggests that either the hot spot does not contribute significantly to the photometry or the period detected from the analysis of the NC is not the actual rotation period of the spot. We further discuss this issue in Sect. 7.

The light curve displays two epochs of quasi-periodic bursts superposed on a base level of $\sim 10.2 \text{ mag}$. In the first epoch the system reaches 9.5 mag as maximum brightness. In the second epoch this value is reduced to 9.8 mag . The transition between these two regimes is at $t \approx 9.15 \text{ days}$. A visual inspection of the light curve suggests that the typical timescale of the variability is smaller than P_* . This can be seen, for example, between $\phi = 1.7$ and $\phi = 2.7$, where we observe three maxima instead of one.

We used the continuous wavelet analysis to determine the frequency content of the light curve as a function of time. In the analysis of the QPOs, we used the quality factor as a measure of the coherence of the oscillations. It is defined as $Q = P_0/\Delta P$, where P_0 is the detected period and ΔP is the FWHM of the peak. The continuous wavelet transform (CWT) of the light curve (Fig. 15) reveals how these two segments have a different frequency content. To refine the estimate of the timescales, we computed a separate Lomb-Scargle Periodogram (LSP) for each segment of the light curve. For both segments, we detected a double-peaked structure in the LSP. There is power around P_* but the peak is broad, that is, the oscillations are not coherent. For $t \lesssim 9.15 \text{ days}$, we obtained $P = 1.31 \pm 0.06 \text{ days}$ with $Q \approx 9.1$ and $P = 2.15 \pm 0.14 \text{ days}$ with $Q \approx 6.5$. For $t \gtrsim 9.15 \text{ days}$, we found instead $P = 1.66 \pm 0.07 \text{ days}$ with $Q \approx 10.1$ and $P = 2.08 \pm 0.10 \text{ days}$ with $Q \approx 8.7$. The 1σ uncertainties were obtained from the quality factor by converting the FWHM to the standard deviation of a Gaussian ($\text{FWHM} = 2\sqrt{2 \ln 2}\sigma$). A similar multiple-peak structure of the LSP is observed in 3D MHD simulations (e.g., Kulkarni & Romanova 2009) and indicates that the oscillations are not purely sinusoidal (Romanova & Kulkarni 2009).

For both time segments, the shorter period has the higher quality factor, and we propose that this period is the actual timescale of the oscillations. We show this by superposing a sinusoidal oscillation with that period on the relative portion of the light curve. The sine function is parameterized as $\text{mag}(t) = C + A \sin[2\pi(t - t_0)/P]$. We adjusted the free parameters of the sine function (i.e., C , A , and t_0) in order to visually reproduce the behavior of the QPOs. To do this, we further split the second segment in two parts, with separation at $t \approx 15.75 \text{ days}$. This is the time where the light curve returns to the base level, after which the oscillations seem to be delayed by $\sim 0.5 \text{ days}$. Figure 15 shows the results of this procedure. Most of the maxima in the sinusoids match a peak in the TESS light curve. The cycle-to-cycle variability indicates that the environment traced by TESS changes on dynamical ($1\text{--}2 \text{ days}$) timescales. We conclude that $P_1 = 1.31 \text{ days}$ and $P_2 = 1.66 \text{ days}$ are the typical timescales of the variability, while the higher period peaks in the LSPs are due to the non-sinusoidal nature of the oscillations. In the RT-unstable accretion scenario, these periods are interpreted as the Keplerian periods at the truncation radius R_T .

6.1. Contemporaneous CHIRON spectroscopy

The maximum magnitude level reached in the two segments of the TESS Sector 65 light curve differs by $\sim 0.3 \text{ mag}$, that is, a factor $\sim 30\%$ in flux. The system attains the higher flux in the first segment, where the detected period is lower. 3D MHD simulations of accretion through a MBL showed how an increase in \dot{M}_{acc} leads to a decrease in the detected period (Romanova & Kulkarni 2009). If the flux increase is caused by an increase in \dot{M}_{acc} , the change of the QPO period within the TESS Sector 65 light curve is an observational signature of R_T moving toward the

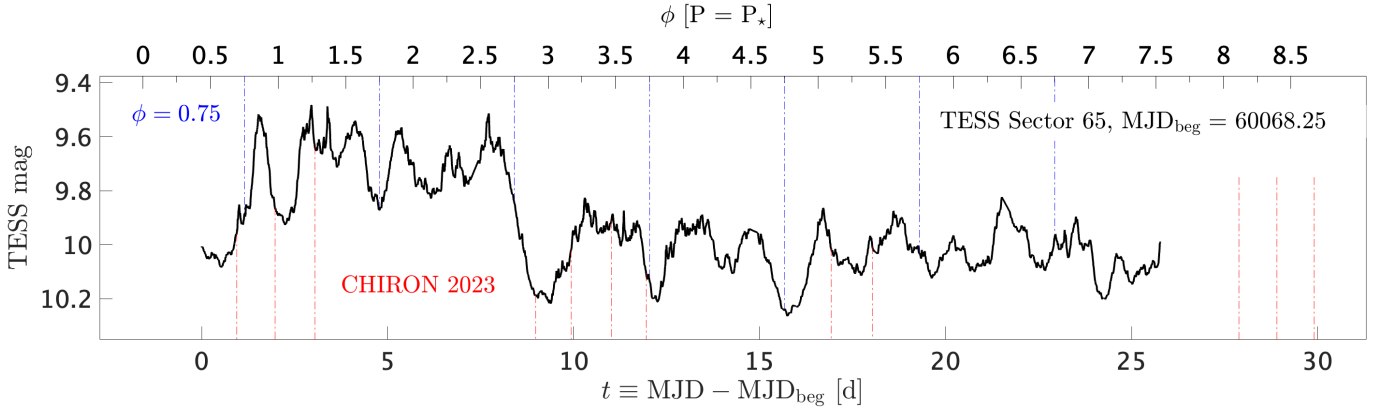


Fig. 14. TESS light curve of RU Lup from Sector 65 (2023). The light curve is plotted as a function of the time t from the beginning of the observation ($\text{MJD}_{\text{beg}} \equiv 60068.25$). The top axis show the phase ϕ computed with $P = 3.63$ days (i.e., the spot period, Sect. 4.1). The reference date for $\phi = 0$ is $\text{MJD}_0 \equiv 59264.336$. The blue lines mark the phase ϕ_s (from Sect. 4.1), where the maximum contribution from the hot spot is expected. The red lines mark the epochs of the CHIRON spectroscopic observations.

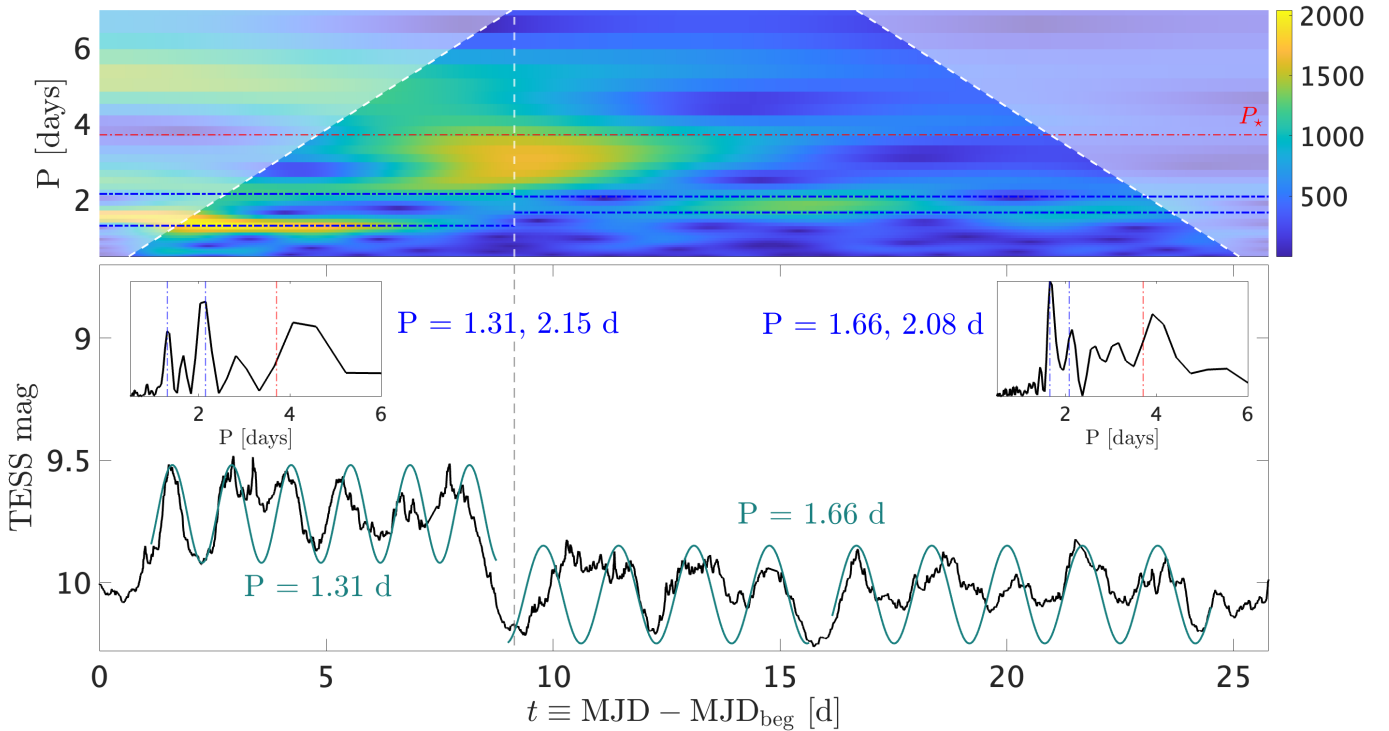


Fig. 15. Continuous wavelet analysis of the TESS Sector 65 light curve. The top panel shows the CWT. The bottom panel displays the light curve. The insets show the LSP for the two portions of the light curve. The blue and red lines mark the detected period and P_* , respectively. Sinusoidal oscillations are superposed to the TESS observation in green, with the period of the oscillations in each portion reported with the same color.

star. The spectroscopic data from CHIRON confirm this hypothesis. Table A.1 shows that among the CHIRON observations from 2023 the first three spectra, which are taken in the epoch of highest flux, have the highest veiling. Figure 16 shows the Fe I 5447, Si II 6347, and Ca I 6122 lines in the 9 CHIRON observations that are simultaneous to the TESS Sector 65 light curve. The first three spectra are the ones with the higher EW of these lines, indicating that the system is in a state of higher accretion rate in the first portion of the light curve (see the discussion in Sect. 5). Assuming a constant B_* during the TESS observing run, the ratio P_1/P_2 can be converted to a ratio between accretion rates. Since $P_T \propto R_T^{3/2}$ and $R_T \propto (B_*^2/\dot{M}_{\text{acc}})^{2/10}$ (Eq. (1)), we find $\dot{M}_{\text{acc},1}/\dot{M}_{\text{acc},2} = (P_1/P_2)^{-10/3} \approx 2.2$.

6.2. Oscillations from a nonstationary hot spot

All timescales observed in the TESS light curve are shorter than the stellar rotation period. There are two regions that can produce variability at such timescales: a non-axisymmetric portion of the disk that extends inward of R_{co} and rotates around the star (Sicilia-Aguilar et al. 2023), or a nonstationary hot spot on the surface of the star (Romanova & Kulkarni 2009).

A simple, planar portion of the disk which revolves around the star such as the one proposed by Sicilia-Aguilar et al. (2023) cannot account for the quasi-periodic variability observed in RU Lup. The reason is that the angle between the surface of the disk and the line of sight is constant, since the disk lies on a plane. If the structure is located in the disk, it must have a

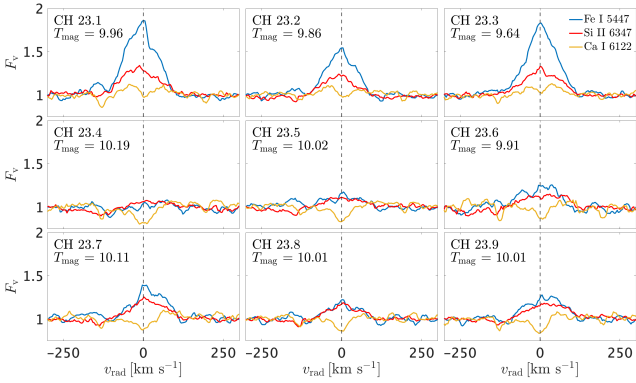


Fig. 16. Normalized profiles of the Fe I 5447, Si II 6347, and Ca I 6122 lines in the 9 CHIRON spectra that are contemporaneous to the TESS Sector 65 light curve. T_{mag} is the TESS magnitude at these epochs.

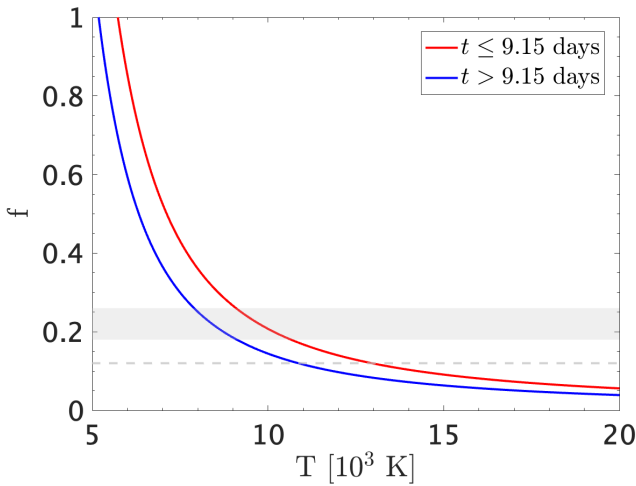


Fig. 17. Relation between the filling factor (f) and the temperature (T) (Appendix D), for a spot that reproduces the modulations observed in the TESS Sector 65 light curve. The gray area marks $0.18 \leq f \leq 0.26$ (Wendeborn et al. 2024a), while the dashed line marks $f = 0.12$ (Dodin & Lamzin 2012).

more complicated configuration, such that its projected surface changes as it revolves around the star.

On the other hand, a moving hot spot on the surface of the star can reproduce the observed variability, since its projected area varies with the azimuthal position as the spot rotates. The amplitude and zero point of the oscillations observed with TESS can be reproduced with an analytical model, assuming a spot with temperature T and filling factor f , located at a latitude θ_S on the stellar surface (Appendix D). We analyzed the two portions of the light curve with different maximum fluxes separately. We obtained $\theta_{S1} = 61^\circ$ and $\theta_{S2} = 65^\circ$ for the latitude of the spot in the two segments (Eq. (D.7)). Figure 17 shows the degenerate relation between the filling factor and the temperature of the spot that best fits the modulations in the light curve (Eq. (D.8)). The analytical model indicates that the spot is either more extended or hotter, or both, during the epoch of increased accretion ($t \leq 9.15$ days in Fig. 17).

7. Discussion

There are two main results of this work. First, the narrow component of the He I 5876 line is modulated with a period of

3.63 days, close to $P_\star = 3.71$ days derived by Stempels et al. (2007) from the radial velocity changes in the absorption lines of RU Lup. The fact that v_{NC} is in anti-phase with v_{phot} indicates that the photospheric lines are distorted by narrow emission components produced in a hot spot (Sect. 4.3) and not by a cold spot as suggested by Stempels et al. (2007).

Second, the timescales detected in the TESS light curve of RU Lup are shorter than P_\star , and they can be interpreted as evidence of accretion from inward of R_{co} . The photometric variability can be produced by either a complex warped structure in the disk or spot(s) on the stellar surface. In addition, we observed a change in the period throughout the TESS light curve that appears to be related to variations in \dot{M}_{acc} . In the rest of the section, we discuss scenarios that might explain the discrepancy between the timescales detected in spectroscopy and photometry. We conclude the discussion with the analysis of the accretion flow inferred from the emission lines.

7.1. TESS light curve and regime of accretion

The study of the frequency spectrum of the TESS light curve allows us to obtain an indirect measure of the position of the truncation radius R_T . Interpreting $P_1 = 1.31$ days and $P_2 = 1.66$ days (Sect. 6) as the Keplerian rotation at the truncation radius R_T , we convert these measures to positions of R_T using $R_T/R_{\text{co}} = (P_T/P_\star)^{2/3}$. We obtain $R_T = 0.5 R_{\text{co}}$ for the first epoch and $R_T = 0.59 R_{\text{co}}$ for the second epoch. The derived R_T/R_{co} ratios indicate that RU Lup accretes in a RT-unstable regime (Blinova et al. 2016; Pantolmos et al. 2020), in agreement with the result by Stock et al. (2022). Together with the estimate of R_{co} (Table 1), we find that R_T is approximately $2 R_\star$ ($\sim 1.82 R_\star$ and $\sim 2.15 R_\star$ for the first and second epoch, respectively).

The position of the truncation radius can be estimated independently, knowing \dot{M}_{acc} and B_\star (Eq. (1)). We obtained an estimate of \dot{M}_{acc} for the CH 23.4 spectrum⁴ using the He I 5876 line as follows. We calculated the line luminosity from the integrated flux of the line using the *Gaia* DR3 distance (Table 1) and converted it to an accretion luminosity (L_{acc}) using the relation calibrated by Alcalá et al. (2017). Then, assuming that the free-fall starts at R_{co} (i.e., $R_T = R_{\text{co}}$), we derived \dot{M}_{acc} by inverting the relation

$$L_{\text{acc}} = \frac{GM_\star \dot{M}_{\text{acc}}}{R_\star} \left(1 - \frac{R_\star}{R_T}\right) \quad (3)$$

(Hartmann et al. 2016). We obtained $\dot{M}_{\text{acc}} = 1.48 \times 10^{-7} M_\odot \text{ yr}^{-1}$. Using the upper limit of ~ 0.5 kG derived by Johnstone & Penston (1986) for the dipolar magnetic field of RU Lup, we find an upper limit of $2.1 R_\star$ for R_T , in good agreement with the values inferred photometrically⁵.

Blinova et al. (2016) showed that the unstable regime can be divided in two sub-regimes; namely, the chaotic regime and the ordered (or MBL, Romanova & Kulkarni 2009) regime. The difference between the two regimes is in the stability of the QPOs. In the chaotic regime, short-lived hot spots, which last for only a few rotations around the star, produce short-duration QPOs (Kulkarni & Romanova 2009). In the MBL regime, the QPOs are more stable (Romanova & Kulkarni 2009). The clear QPOs observed throughout the TESS Sector 65 light curve are

⁴ We used this spectrum because it is the only one that is absolutely flux-calibrated among the CHIRON spectra from 2023.

⁵ This derivation has the subtlety that the spectroscopic estimate of \dot{M}_{acc} depends in turn on R_T .

more compatible with the latter regime of accretion. The values of R_T/R_{co} that we derived above are in agreement with the results of 3D MHD simulations of accretion in the MBL regime ($R_T/R_{co} \lesssim 0.59$, Blinova et al. 2016). In this scenario, accretion proceeds in two ordered tongues controlled by the RT instability, which produce hot spots on the surface of the star.

7.2. Properties of the hot spot inferred from spectroscopy

The radial velocity amplitude of the He I 5876 NC modulation is smaller than $v \sin i$, indicating that the NC-emitting region is located on the stellar surface, at high latitude. The NC emission in high energy lines (e.g., He I and He II) identify this region as the post-shock region.

The red asymmetry observed in the NC of the He I line, with emission up to $\sim +100 \text{ km s}^{-1}$ (i.e., $\sim 3\sigma_r$ for He I, Fig. 6) is compatible with formation in the post-shock region, where the gas decelerates to 1/4 of the pre-shock velocity (Hartmann et al. 2016). The blue wing of the line might be indicative of the broadening mechanism, with either thermal or turbulent motions that broaden the emission line. Using $\sigma = (2k_B T / Am_p)^{1/2}$, where k_B is the Boltzmann constant, m_p is the proton mass, and $A = 4$ is the atomic number of helium, we get an upper limit of $\sim 50\,000 \text{ K}$ for the temperature of the post-shock region from $\sigma_b = 14 \text{ km s}^{-1}$ (Fig. 6). The post-shock region cools in X-rays (Lamzin 1999; Sacco et al. 2008) and high energy ultraviolet lines (Ardila et al. 2013). Therefore, we do not expect it to directly contribute in the TESS bandpass. In that wavelength range, most of the contribution comes from the heated photosphere below the shock (Calvet & Gullbring 1998). This region is heated from above by 3/4 of the shock energy, reaching temperatures up to $\sim 8000 \text{ K}$ (Hartmann et al. 2016).

Dodin & Lamzin (2012) showed that the heated photosphere not only emits in the continuum, but is also responsible for the emission in the NC of the metallic species. The NCs are formed in a layer with a temperature inversion (i.e., a chromospheric-like structure) above the continuum-emitting region. Our analysis of the NCs possibly highlights the vertical stratification of this layer. The more energetic lines (Fe II and Si II) are indeed more asymmetric to the red than the less energetic ones (Fe I and Mg I), suggesting that the former could originate in the upper part of this structure (at higher T) and still have a residual infall velocity, as sketched in Fig. 18.

In Sect. 4.4, we showed how the veiling spectrum of RU Lup at 5800 \AA is composed of a continuum plus line emission that fills in the photospheric absorption lines. The anticorrelation between v_{NC} of the He I 5876 line and v_{phot} (Sect. 4.3) imply that the veiling spectrum is formed in a confined region on the stellar surface, in other words, a spot. This spot, which we identify as the heated photosphere below the post-shock region, must also contribute to the emission in the TESS bandpass, which extends from 5800 to $11\,200 \text{ \AA}$.

7.3. Properties of the hot spot inferred from photometry

By using the analytical model of Appendix D, we were able to infer the properties of the photometric spot, assuming that it is nonstationary on the surface of the star. The degeneracy between the filling factor and the temperature of the spot can be removed by considering values of f from the literature. Using a typical value of $f \approx 0.05$ for CTTs (Calvet & Gullbring 1998; Calvet et al. 2004), we get a temperature of $\sim 20\,000 \text{ K}$ for the spot. However, specific works on RU Lup showed how the filling factor of the spot is higher than the usual values for CTTs.

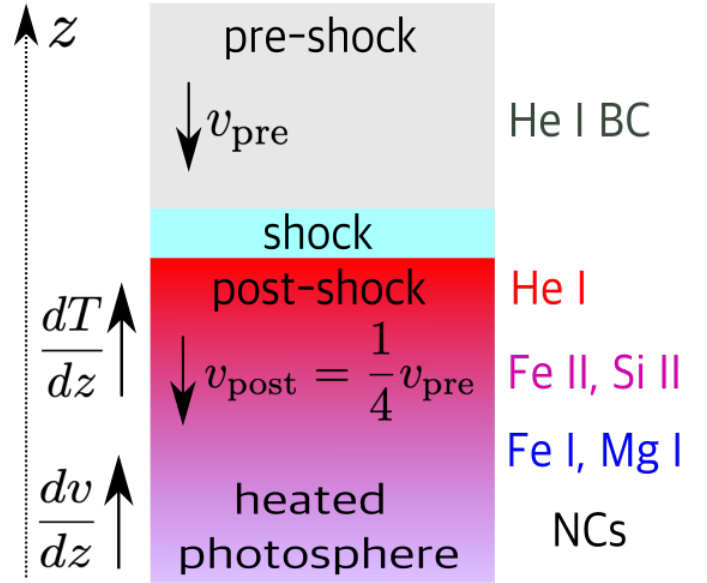


Fig. 18. Sketch of the possible vertical stratification of the hot spot inferred from the analysis of the NCs. v_{pre} and v_{post} are the pre-shock and post-shock velocities.

In Fig. 17 we report the values obtained by Wendeborn et al. (2024a) from a best fit of the 2021 ultraviolet spectra of RU Lup with a shock model ($0.18 \leq f \leq 0.26$) and the value derived by Dodin & Lamzin (2012) by fitting the veiling spectrum of RU Lup ($f = 0.12$). In these cases, we obtain a colder spot with $T \sim 8000 - 12\,000 \text{ K}$, more compatible with the typical values for CTTs (Hartmann et al. 2016).

Assuming a spherical cap geometry for the spot (Appendix E), and a filling factor between 0.1 and 0.2 as mentioned in the previous literature of RU Lup, the half-opening angle of the spot is between 37° and 57° . If the hot spot is as extended as that, then the spot model from Appendix D is too simplistic and the derived θ_s must be regarded as an average latitude of the continuum-emitting region.

7.4. Comparison between spectroscopy, photometry, and magnetohydrodynamic simulations of the spot

The spectroscopic results on the hot spot seem to disagree with what is derived from the analysis of the TESS light curve and with the results of 3D MHD simulations of a system accreting in the MBL regime, due to the latitude/extension of the spots and the detected timescales. We propose that the spectroscopic and photometric spot are part of the same structure, which we identify as the region in which the accreting gas impacts the stellar surface. The He I NC – that is, the tracer of the spectroscopic spot – originates in the post-shock region. The continuum emission in the TESS bandpass, associated with the photometric spot, is formed instead in the heated photosphere below the shock. This region emits also in the NC of the metallic species and it is responsible for the line-filling component of the veiling (Dodin & Lamzin 2012).

Considering the typical extension of the spot in RU Lup ($f \approx 0.1-0.2$), we might expect a discrepancy between the latitude derived from spectroscopy and photometry. The region traced by the He I NC (i.e., the post-shock region) must be somewhat less extended than the heated photosphere traced by TESS. Otherwise, considering the low inclination of the system and

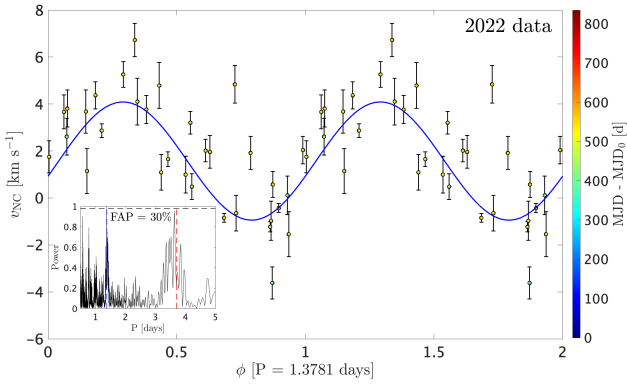


Fig. 19. Radial velocity curve of the He I 5876 NC for the 2022 observations only. The inset shows the LSP, with the detected P and P_* marked with dashed blue and red lines, respectively.

the intrinsic variability of this region as a consequence of the accretion process, it would be impossible to detect a rotational modulation (Sicilia-Aguilar et al. 2023).

A possible explanation of the inconsistency in the detected periods lies in the variability of the mass accretion rate. The 3.63 day period was derived in Sect. 4.1 using data from epochs that have different \dot{M}_{acc} . In Sect. 6 we discussed how variations in the accretion rate lead to variations in the detected period. Stock et al. (2022) showed that the accretion rate of RU Lup varies by a factor of ~ 2 on a timescale of weeks. Since $P_T \propto \dot{M}_{\text{acc}}^{-3/10}$ (Eq. (1)), this means that the period of a nonstationary hot spot would vary by a factor of $2^{3/10} \approx 1.23$ on such timescales. If the He I 5876 NC traces a nonstationary hot spot on the stellar surface produced by tongues originating at R_T , it is plausible that its radial velocity is modulated with both P_* and the inner disk period (P_T). In this situation, if one were to look for periodicity combining observations that represent different accretion states, the power at P_* would be enhanced in the periodogram because of the stability of this period among different epochs.

These complications are illustrated in Fig. 19, where we recomputed the LSP of the He I 5876 NC using only the data from 2022. The periodogram has maximum power at $P = 1.38$ days, but the FAP of this signal is $>30\%$; that is, it is not statistically significant. The second highest peak is close to P_* . The period with maximum power is similar to the periods derived from TESS. This suggests that the apparent lack of continuum emission from the spot (Sect. 6) could be actually caused by an incorrect phase-folding of the radial velocity of the He I 5876 NC. If the period of the hot spot is not correct, then the phase ϕ_S where we expect its maximum contribution is different from what we derived, and might be in agreement with maxima in the TESS light curve.

Therefore, we conclude that in the MBL picture the disagreement between the period detected from spectroscopy (P_*) and the period inferred from photometry ($<P_*$) might be attributed to an observational problem, namely, the difficulty of tracing a hot spot that rotates with the inner disk period, with the latter being sensitive to variations in \dot{M}_{acc} .

7.5. Alternative explanations: sub-structure of the spot and inner disk warp

Although accretion in the MBL regime can explain the photometric behavior of RU Lup, the detected periods are close to $P_*/2$. Hence, the photometric behavior could also be explained

with a modulation at a period close to P_* but with a brightness distribution on the visible hemisphere more closely resembling two hot spots; that is, a single, extended hot spot that has a non-homogeneous surface brightness, such that we see two brighter features. The brightness distribution of this region could vary on dynamical timescales and the detected periods could be aliases produced by the complex structure of this region. Similarly, the change in the quasi-period between the two epochs of the TESS light curve could be due to an intrinsic variability in the shape and brightness of this extended spot. Since the velocity modulation of emission lines mainly traces the average brightness distribution, a large non-homogeneous spot would lead to a modulation at $\sim P_*$ in the radial velocity of the NCs, as we observe for the He I 5876 line.

Periods close to P_* would be compatible with a scenario in which RU Lup is in a stable accretion regime. However, 3D MHD simulations of accretion in the stable regime showed how the spots are formed close to the magnetic pole and are antipodal (e.g., Romanova et al. 2003, 2004) so that it is unlikely to see two distinct, antipodal spots given the low inclination ($i_* = 16 \pm 6^\circ$) of the stellar rotation axis in RU Lup. Rather, the brightness modulation would require sub-structure of a single spot. MHD simulations of accretion in the stable regime predict the hot spots to be bow-shaped around the magnetic axis (Romanova et al. 2004) with a temperature gradient from the center to the edges (Kulkarni & Romanova 2013); that is, a structure that is different from the requirements of period aliasing. Hence, the structure of the hot spot must be somewhat different from what is predicted by 3D MHD simulations if accretion in RU Lup proceeds in the stable regime. Moreover, independent of the true variability, the TESS light curve shows that the dominant periodicity changes, with the shorter period pertaining to epochs with higher (optical) luminosity, in agreement with MHD models of accretion in the unstable regime (Kulkarni & Romanova 2009). Therefore, we think that the MBL scenario fits the observations better than the hypothesis of accretion in a stable regime.

A third explanation is motivated by the high values of the filling factor that we derived for RU Lup. Such a high (0.1–0.2) filling factor could be achieved if the part of the continuum-emitting region lies in the disk. In Sect. 6.2 we discussed how a structure located in the disk must have a complex geometry in order to produce a quasi-periodic modulation. A warp in the inner disk inward of R_{co} might satisfy this condition, and would naturally explain the observed timescales. In this scenario, the continuum emitting region would be spatially separated from the region emitting in the NCs, because the latter is unequivocally associated with shocked gas on the stellar surface. Such a structure could be characteristic of systems accreting through a compact magnetosphere, and it might be a non-axisymmetric version of the classical boundary layer. To our knowledge, no models of quasi-periodic oscillations from a warped structure in the disk have been studied.

7.6. Inner disk dynamics

7.6.1. Structure of the flow

The width of the metallic lines points toward an origin in the circumstellar matter. Their velocity centroids (v_{BC}) are between -30 and $+60$ km s $^{-1}$ (Fig. 12), compatible with the projected velocities of flows within the inner disk. For a Keplerian disk seen at an inclination i , the radial velocity is

$$v_{\text{rad}}(r, \phi_D) = \sqrt{\frac{GM_*}{r}} \sin i \sin \phi_D \quad (4)$$

where r is the distance from the star and ϕ_D is the azimuth relative to the observer (e.g., Horne & Marsh 1986). For $i = 16^\circ$ (Table 1), we get a maximum v_{rad} of $\sim 50, 45, 40$, and 30 km s^{-1} for $r = 0.4, 0.5, 0.6$, and $1 R_{\text{co}}$. Hence, the observed v_{BC} values are compatible with the position of the truncation radius derived from TESS data, suggesting that the lines are formed in a disk-like structure that revolves around the star.

To reproduce the variability of the line asymmetry, this structure must be non-axisymmetric, and it might look like a portion of a Keplerian disk, as proposed by Sicilia-Aguilar et al. (2023) to model the BC variability of the Ca II lines in EX Lup. However, the lines are much broader than the maximum v_{rad} that can be observed from a Keplerian disk, that is, $(GM_\star/R_\star)^{1/2} \sin i \approx 60 \text{ km s}^{-1}$ for RU Lup. Therefore, they are either broadened by turbulent motions in the Keplerian portion of the disk, as proposed by Sicilia-Aguilar et al. (2023), or formed in a flow with higher velocities.

In the case of RU Lup, the analysis of the Fe II 5317 line (Fig. 11) reveals how a turbulent portion of a Keplerian disk cannot completely account for the line velocities. The discrete emission components detected with the subtraction of consecutive spectra have centroids – bulk velocities $> (GM_\star/R_\star)^{1/2} \sin i$ – indicating that part of the line emission is produced by macroscopic flows in non-Keplerian motion.

Radial velocities of the order of $100\text{--}150 \text{ km s}^{-1}$ are compatible with free fall along dipolar magnetic field lines. The free fall velocity starting from rest at R_T is

$$v_{\text{ff}}(r) = \sqrt{GM_\star \left(\frac{1}{r} - \frac{1}{R_T} \right)}. \quad (5)$$

For $R_T = 2 R_\star$ (Sect. 6) we get $v_{\text{ff}}(R_\star) \approx 205 \text{ km s}^{-1}$. The observed velocity is significantly lower for a pole-on system, because the velocity vector of the gas moving along the magnetic field lines is almost transverse to the line of sight. The observed radial velocity is reduced by a factor

$$\frac{(3/2) \sin 2\theta \cos \phi \sin i + (2 - 3 \cos^2 \theta) \cos i}{\sqrt{4 - 3 \cos^2 \theta}} \quad (6)$$

(Calvet & Hartmann 1992; Wilson et al. 2022). Here, θ is the latitude, ϕ is the azimuth relative to the observer, and the gas is assumed to be moving along a dipolar streamline with equation $r = R_T \cos^2 \theta$. The maximum redshifted and blueshifted radial velocities that can be observed are obtained for $\phi = 0$ and π and are $+110$ and -60 km s^{-1} , respectively, assuming $R_T = 2 R_\star$. The fact that the maximum negative v_{rad} is lower than maximum positive v_{rad} is a projection effect. This red-blue asymmetry is similar to the variation in v_{BC} for RU Lup throughout our observations. This argues in favor of line formation in a magnetospheric accretion column and against formation in a structure that is confined to a plane, such as a Keplerian disk or equatorial accretion tongues. In that case, the redshifted and blueshifted line shifts would be the same.

7.6.2. Temperature stratification

The different line widths, which correlate with the excitation energy of the analyzed emission lines (Sect. 5), indicate the existence of a stratification in the accretion flow of RU Lup. The He I lines must be formed close to the shock in high temperature conditions, and their higher FWHM relative to the Fe I and Si II lines indicate a formation in a flow with higher velocities.

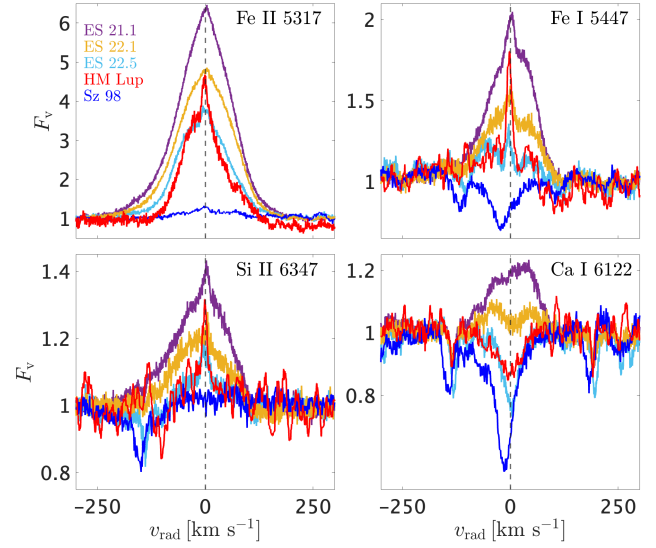


Fig. 20. A selection of metallic lines in the spectra of RU Lup, HM Lup, and Sz 98.

Conversely, neutral species like Fe I and Ca I are formed closer to the disk, where the material starts to accrete onto the star in accretion tongues. This region must be non-axisymmetric in order to explain the line variability, and it might be similar to the azimuthally-limited Keplerian disk proposed by Sicilia-Aguilar et al. (2023). The singly ionized species such as Fe II and Si II have velocities that are not consistent with Keplerian flows, and require higher temperature conditions than what can be achieved in an irradiated disk. The extreme line asymmetry to the red that is sometimes observed in the Si II 6347 line (see Fig. 13) suggests that these species are partly formed in the flow along the magnetic field lines. The different line asymmetry observed for emission lines from the same observation support the stratification hypothesis, since lines tracing different regions of the accretion flow might be asymmetric at different times.

In conclusion, the variability of the He I and metallic lines can be explained with the lines being formed in a temperature stratified structure which is a combination of a non-axisymmetric Keplerian disk and an inflow along magnetic field lines. This structure is sensitive to variations in the accretion rate.

7.7. Formation of the metallic lines

Analogous to the case of the H I, He I, and Ca II lines (Alcalá et al. 2017), one would expect the strength of the metallic lines to be dependent on \dot{M}_{acc} . Figure 20 compares RU Lup with two other CTTSS; namely HM Lup, which shows prominent metallic emission, and Sz 98, which has the same stellar parameters of RU Lup (Manara et al. 2023). We show the second ESPRESSO observation analyzed by Armeni et al. (2023) for HM Lup, and an Ultraviolet and Visual Echelle Spectrograph (UVES, Dekker et al. 2000) spectrum taken on 10/05/2022 as part of the PENELLOPE survey for Sz 98. The accretion rates for HM Lup and Sz 98, taken from the literature, are $0.95 \times 10^{-8} M_\odot \text{ yr}^{-1}$ (Armeni et al. 2023) and $3.6 \times 10^{-8} M_\odot \text{ yr}^{-1}$ (Manara et al. 2023), respectively.

The comparison between the spectrum of HM Lup and the ES 22.5 spectrum of RU Lup shows that despite \dot{M}_{acc} being one order of magnitude lower for HM Lup, the emission line profiles are very similar. The only strong emission line is Fe II 5317. The Fe I 5447 and Si II 6347 lines are weak, while the Ca I 6122 is

in absorption in both spectra. Although Sz 98 has \dot{M}_{acc} between HM Lup and RU Lup, Fig. 20 shows how the metallic lines are very weak in its spectrum. The only detectable emission is in Fe II 5317, with the line being slightly above the continuum. This suggests that the strength of these transitions relative to the continuum is not directly related to \dot{M}_{acc} . We propose that the actual parameter that controls the strength of the metallic lines is the ratio R_T/R_{co} . The smaller this ratio is, the stronger the emission lines are. Different species appear at different R_T/R_{co} ratios, with the Fe II lines being the first ones that show up, followed by the Fe I and Si II lines, and, finally, from the Ca I $\lambda\lambda$ 6103, 6122 doublet. This transition is visually illustrated by the ES 22.5, ES 22.2 and ES 21.1 spectra in Fig 20.

If related to R_T/R_{co} , emission in metallic species is a direct indication of accretion in the RT-unstable regime. This can be explained by a simple energetic argument. When $R_T < R_{\text{co}}$, the material at R_T rotates faster than the star. Since the magnetic field lines co-rotate with the star, the gas must dissipate energy and angular momentum in order to accrete. This dissipation could give rise to the local heating required to collisionally excite the metallic lines (Beristain et al. 1998).

8. Conclusions

We have presented a spectrophotometric study of the CTTS RU Lup. Figure 21 shows a schematic picture of the circumstellar environment of RU Lup that we inferred from our observations. The main results are the following.

- We have improved the measurement of the stellar parameters, summarized in Table 1.
- We detected a modulation at a period of 3.63 days, close to $P_\star = 3.71$ days (Stempels et al. 2007), in the NC of the He I 5876 line, indicating the presence of a compact region on the stellar surface that we identify as the post-shock region that originates at the footprint of the magnetic field.
- The heated photosphere below the accretion shock (i.e., a hot spot) is also responsible for the veiling of the photospheric lines in the spectrum.
- This veiling spectrum is composed of a continuum component plus line emission that fills in the stellar absorption lines. The use of flux-calibrated, high-resolution spectra allowed us to disentangle these two contributions.
- We detected timescales shorter than P_\star in the TESS light curve of RU Lup. These timescales are related to the Keplerian period at the truncation radius, R_T .
- From these timescales, we inferred the size of the magnetosphere of RU Lup to be $\sim 2 R_\star$.
- The behavior of the TESS Sector 65 light curve of RU Lup is consistent with simulations of accretion through a MBL (Romanova & Kulkarni 2009), in which the QPOs are produced by a non-stationary hot spot on the stellar surface.
- The hot spot is not as equatorial as predicted by the MHD simulations of accretion in the MBL regime, and it appears to be more extended than in typical CTTSs, with a filling factor of ~ 0.1 – 0.2 .
- Alternatively, more complex explanations would require either a spot with a complex shape, perhaps made of two brighter knots which vary on dynamical timescales, or a warped structure in the inner disk.
- The BCs are formed in a non-axisymmetric, temperature stratified flow around the star in which the gas leaves the accretion disk at R_T and accretes onto the star in tongues of matter channeled by the magnetic field.

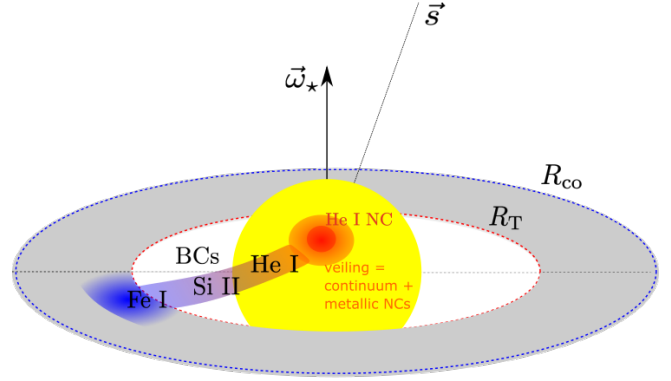


Fig. 21. Schematic picture of the circumstellar environment of RU Lup. ω_\star and \hat{s} are the stellar rotation axis and the line of sight to the observer, respectively.

- The strength of the metallic emission lines might be an indicator of accretion in the RT-unstable regime, being related to the ratio between R_T and R_{co} .

The spectrophotometric analysis presented in this work revealed the complexity of the accretion process in RU Lup, and showed how the physics regulating the accretion flow in this system might be somewhat different from the current theoretical paradigms of accreting CTTSs. Future studies should aim at covering high-cadence photometric data (TESS) with high-resolution spectroscopic observations, in order to try to infer the structure of the spot. An update of the measurement of the stellar magnetic field through spectro-polarimetry would be needed to more precisely derive the position of the truncation radius and confirm or reject the hypothesis of accretion through a compact magnetosphere.

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⁶ <https://sites.bu.edu/odysseus/>

⁷ <https://ui.adsabs.harvard.edu>

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Appendix A: Log of spectroscopic observations

Table A.1 reports the log of the spectroscopic observations.

Appendix B: Gaussian fits

We used a multiple Gaussian model to fit the continuum-normalized emission lines in the spectrum of RU Lup. This model is a sum of symmetric (S) and asymmetric (A) Gaussian functions. The asymmetric Gaussian function \mathcal{G}_A is defined as

$$\mathcal{G}_A(v) = C \exp\left[-\frac{(v - v_0)^2}{2\sigma^2}\right], \text{ with } \sigma = \begin{cases} \sigma_b & \text{if } v < v_0 \\ \sigma_r & \text{if } v \geq v_0 \end{cases} \quad (\text{B.1})$$

where C is the amplitude relative to the continuum, v_0 is the line center and σ , σ_b , and σ_r are standard deviations. The symmetric Gaussian function \mathcal{G}_S has $\sigma_b = \sigma_r$. The model is called $nS+mA$ in the main text, where n and m are the number of symmetric and asymmetric Gaussian functions, respectively. It is expressed as

$$F(v) = 1 + \sum_{i=1}^n \mathcal{G}_{Si}(v) + \sum_{i=1}^m \mathcal{G}_{Ai}(v). \quad (\text{B.2})$$

Appendix C: Calculation of continuum veiling

We estimated the veiling in our spectra using the ES 22.5 observation as template, which is the spectrum with the highest S/N among the ones with lower veiling in our sample. This method simplifies the calculation of the veiling, because the template does not have to be rotationally broadened. In addition, there are epochs in which the line-filling emission is so strong that the fit with ROTFIT did not converge allowing $v \sin i$ to vary (e.g., ES 21.1).

The veiling of the spectra relative to the ES 22.5 template (VF_{rel}) is defined as $\text{VF}_{\text{rel}} = [F_{\text{obs}}(\lambda) - F_{\text{T}}(\lambda)]/F_{\text{T,c}}$, where $F_{\text{obs}}(\lambda)$ and $F_{\text{T}}(\lambda)$ are the observed and template spectra and $F_{\text{T,c}}$ is the continuum of the template. VF_{rel} can be converted to the absolute veiling; that is the veiling with respect to that of a hypothetical spectrum of RU Lup if it did not exhibit any accretion. The absolute veiling is $\text{VF}_{\text{abs}} = [F_{\text{obs}}(\lambda) - F_0(\lambda)]/F_{0,c}$ where $F_0(\lambda)$ and $F_{0,c}$ is the wavelength-dependent flux of the non-accreting version of RU Lup and its continuum, respectively. VF_{abs} can be determined because the absolute veiling VF_{T} of the template could be computed independently with ROTFIT (Sect. 3). Since VF_{T} is defined as $\text{VF}_{\text{T}} = [F_{\text{T}}(\lambda) - F_0(\lambda)]/F_{0,c}$, and this relation also holds for the continua — that is, $\text{VF}_{\text{T}} = [F_{\text{T,c}} - F_{0,c}]/F_{0,c}$ — it can be shown that the equation for the conversion is

$$1 + \text{VF}_{\text{abs}} = (1 + \text{VF}_{\text{rel}}) \cdot (1 + \text{VF}_{\text{T}}). \quad (\text{C.1})$$

We computed the veiling in the two spectral regions shown in Fig. 2. We define the veiling in these two regions as VF_{5735} and VF_{5800} . For both regions, we used $\text{VF}_{\text{T}} = 1.57 \pm 0.31$ for the ES 22.5 spectrum. The procedure to estimate VF_{rel} consisted of the following steps:

1. normalization of the spectra with a linear fit of selected portions of the spectrum where the continuum is seen;
2. down-grading of the template to the resolution of the observed spectrum;

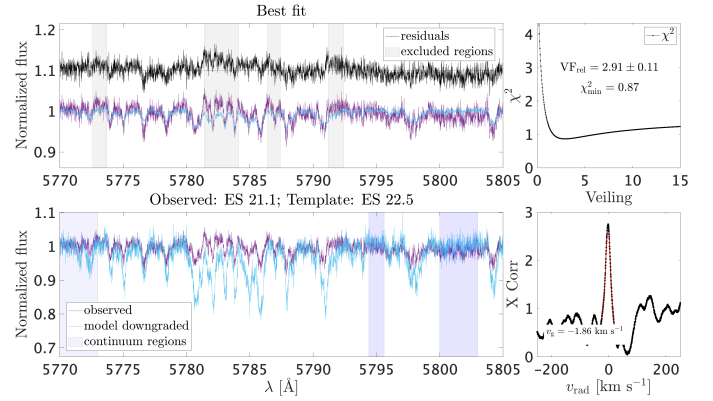


Fig. C.1: Veiling calculation for the ES 21.1 spectrum. The bottom left panel shows the ES 21.1 and ES 22.5 spectra, normalized used the shaded regions. The top left panel shows the veiled ES 22.5 spectrum that best fits the ES 21.1 spectrum. The right panels display the cross correlation function (bottom) and the χ^2 as a function of VF (top).

3. cross-correlation between the template and the observation to match the position of the absorption lines;
4. exclusion of regions affected by line emission;
5. computation of the χ^2 -function, defined as

$$\chi^2(\text{VF}_{\text{rel}}) = \sum_{\lambda_i} \left(F_{\text{obs}}(\lambda_i) - \frac{F_{\text{T}}(\lambda_i) + \text{VF}_{\text{rel}}}{1 + \text{VF}_{\text{rel}}} \right)^2 \quad (\text{C.2})$$

as a function of VF_{rel} .

The best fitting VF_{rel} was found minimizing the χ^2 , and the uncertainty as the standard deviation of $\exp(-\chi^2)$. Then, we converted VF_{rel} to VF_{abs} using Eq. C.1.

Figure C.1 shows the procedure to compute VF_{5800} for the ES 21.1 spectrum, pointing out the effect of line emission in the estimation of the VF. Due to the resolution, the S/N, and the effect of line emission, sometimes the fits did not converge. Therefore, we selected the observations for which VF_{5735} and VF_{5800} differed by more than 1σ , we visually inspected the results of the procedure for both regions, and we excluded the cases that we considered unclear. When both VF_{5735} and VF_{5800} agreed with each other, we derived a single measure of VF_{abs} by computing a weighted average (with weights $w_i = 1/d\text{VF}_i^2$) of the two values. The results are reported in Table A.1.

Appendix D: Spot model

We derived an analytical model to reproduce the variability of the TESS light curve. We assumed a spot with a constant temperature T , filling factor f , located at a latitude θ_S and azimuth ϕ on the surface of the star. The spot radiates as a black-body: its energy per unit time, area, solid angle, and wavelength interval is given by

$$B_{\lambda}(T) = \frac{2hc^5}{\lambda^5} \frac{1}{\exp(hc/k_B T) - 1}, \quad (\text{D.1})$$

where h is the Planck constant, c is the speed of light, k_B is the Boltzmann constant, and λ is the wavelength. The projected surface of the spot varies as

$$S(\phi) = S_0(\hat{n} \cdot \hat{s}), \quad (\text{D.2})$$

Table A.1: Log of the spectroscopic observations.

ID	MJD (days)	S/N	VF	V _{mag} (mag)	ID	MJD (days)	S/N	VF	V _{mag} (mag)
CH 21.1	0.04	65	5.4 ± 0.9 ^(‡)	-	CH 22.12	537.64	50	2.9 ± 0.4	10.79
CH 21.2	53.92	66	12 ± 2	-	ES 22.2	537.73	44	3.2 ± 0.4 ^(†)	11.14
CH 21.3	130.72	58	-	10.78	CH 22.13	538.63	44	3.5 ± 0.5	11.22
CH 21.4	170.66	29	-	10.73	CH 22.14	539.66	45	2.8 ± 0.6 ^(‡)	11.29
CH 21.5	171.64	51	4.1 ± 0.5	10.89	ES 22.3	539.76	42	2.9 ± 0.4	11.29
CH 21.6	172.66	70	9 ± 1 ^(†)	-	CH 22.15	540.72	65	4.0 ± 0.5	11.07
CH 21.7	173.64	63	11 ± 2 ^(†)	-	CH 22.16	541.66	44	2.4 ± 0.4	11.39
CH 21.8	174.68	65	6.5 ± 0.7	10.39	CH 22.17	542.66	48	1.4 ± 0.3	11.74
CH 21.9	175.65	52	5.3 ± 0.6	10.78	ES 22.4	542.76	24	1.8 ± 0.2	11.74
CH 21.10	177.70	44	-	10.68	CH 22.18	543.71	42	1.8 ± 0.4	11.81
CH 21.11	178.68	52	8 ± 1 ^(†)	10.63	CH 22.19	544.73	50	1.9 ± 0.4	11.59
CH 21.12	178.80	62	-	10.63	CH 22.20	545.70	40	1.9 ± 0.4	11.63
CH 21.13	179.68	57	10 ± 1	10.56	CH 22.21	546.71	50	3.9 ± 0.5	11.17
CH 21.14	179.69	33	-	10.56	CH 22.22	547.68	64	6.3 ± 0.7	11.05
CH 21.15	182.69	40	7 ± 1 ^(‡)	10.21	CH 22.23	548.72	64	3.5 ± 0.5	11.17
CH 21.16	183.66	47	5.2 ± 0.6	10.83	CH 22.24	549.67	40	1.8 ± 0.4	11.53
ES 21.1	184.66	57	5.6 ± 0.9 ^(†)	10.79	ES 22.5	549.70	38	1.6 ± 0.3	11.53
CH 21.17	184.70	62	7.1 ± 0.8	10.79	CH 22.25	550.71	71	6.5 ± 0.7	10.76
CH 21.18	185.64	55	10 ± 1 ^(‡)	10.67	CH 22.26	551.69	61	3.8 ± 0.5	11.17
CH 21.19	188.67	58	-	10.35	CH 22.27	552.70	65	3.4 ± 0.5	11.19
ES 21.2	193.73	43	8 ± 1 ^(†)	10.63	CH 23.1	804.86	38	4.3 ± 0.5	-
CH 22.1	411.86	59	5.1 ± 0.6	-	CH 23.2	805.88	57	3.9 ± 0.5	-
CH 22.2	418.83	52	4.6 ± 0.5	-	CH 23.3	806.96	56	4.6 ± 0.8 ^(‡)	-
CH 22.3	425.92	30	3.4 ± 0.4	-	CH 23.4	812.89	41	1.8 ± 0.3	11.54
CH 22.4	434.86	51	4.5 ± 0.5	-	CH 23.5	813.84	56	2.8 ± 0.4	-
CH 22.5	450.83	64	4.7 ± 0.6	-	CH 23.6	814.93	28	-	-
CH 22.6	458.80	49	4.7 ± 0.6	-	CH 23.7	815.86	48	2.4 ± 0.5 ^(†)	-
CH 22.7	471.77	62	6.6 ± 0.7	-	CH 23.8	820.83	53	2.8 ± 0.4	-
CH 22.8	525.77	56	5.5 ± 0.6	-	CH 23.9	821.94	44	2.5 ± 0.4	-
CH 22.9	534.69	48	3.6 ± 0.5	11.16	CH 23.10	831.80	49	2.5 ± 0.6 ^(‡)	-
CH 22.10	535.69	68	3.5 ± 0.7	11.15	CH 23.11	832.82	46	2.3 ± 0.6 ^(‡)	-
CH 22.11	536.67	67	7.4 ± 0.8 ^(†)	10.96	CH 23.12	833.82	47	2.9 ± 0.4	-
ES 22.1	536.70	47	6.7 ± 0.7	10.96					

Notes. The MJDs were computed relative to $\text{MJD}_0 \equiv 59264.336$. The S/N was computed at 5830 Å. ^(†)-^(‡): VF computed only with VF_{5735} or VF_{5800} , respectively (Appendix C). The typical uncertainty on V_{mag} is 0.01. The resolving power R is 140000 for the ESPRESSO spectra and 27800 for all the CHIRON spectra except for CH 21.4, 21.14, and 21.15 which have $R = 78000$.

where $S_0 = 4\pi R_\star^2 f$ is the surface of the spot, $\hat{n} = (\cos \theta_S \cos \phi, \cos \theta_S \sin \phi, \sin \theta_S)$ is the normal to the surface, and $\hat{s} = (\sin i, 0, \cos i)$ is the line of sight toward an observer located at an angle i from the rotation axis. Therefore, the flux observed with TESS is

$$F(T, f, \theta_S, \phi) = F_\star + \left[\frac{R_\star^2}{d^2} f \int B_\lambda(T) R(\lambda) d\lambda \right] \cdot (\cos \theta_S \sin i \cos \phi + \sin \theta_S \cos i) \quad (\text{D.3})$$

where d is the distance to the system, $R(\lambda)$ is the response function of the TESS filter, and

$$F_\star = \frac{R_\star^2}{2d^2} \int B_\lambda(T_{\text{eff}}) R(\lambda) d\lambda = 2.7 \times 10^{-14} \text{ erg s}^{-1} \text{ cm}^{-2} \quad (\text{D.4})$$

is the integrated flux of the star in the TESS bandpass⁸. We downloaded the TESS response function from the SVO Filter Profile Service⁹ (Rodrigo & Solano 2020). The modulation can be written as

$$F(T, f, \theta_S, \phi) = F_\star + A \cos \phi + C. \quad (\text{D.5})$$

with

$$A = \left[\frac{R_\star^2}{d^2} f \int B_\lambda(T) R(\lambda) d\lambda \right] \cos \theta_S \sin i \quad (\text{D.6})$$

and

$$C = A \frac{\tan \theta_S}{\tan i}. \quad (\text{D.7})$$

The latitude of the spot can be directly obtained from the inversion of Eq. D.7, while from the amplitude A of the

⁸ The factor 1/2 comes from the fact that we see only one hemisphere.

⁹ <http://svo2.cab.inta-csic.es/theory/fps/>

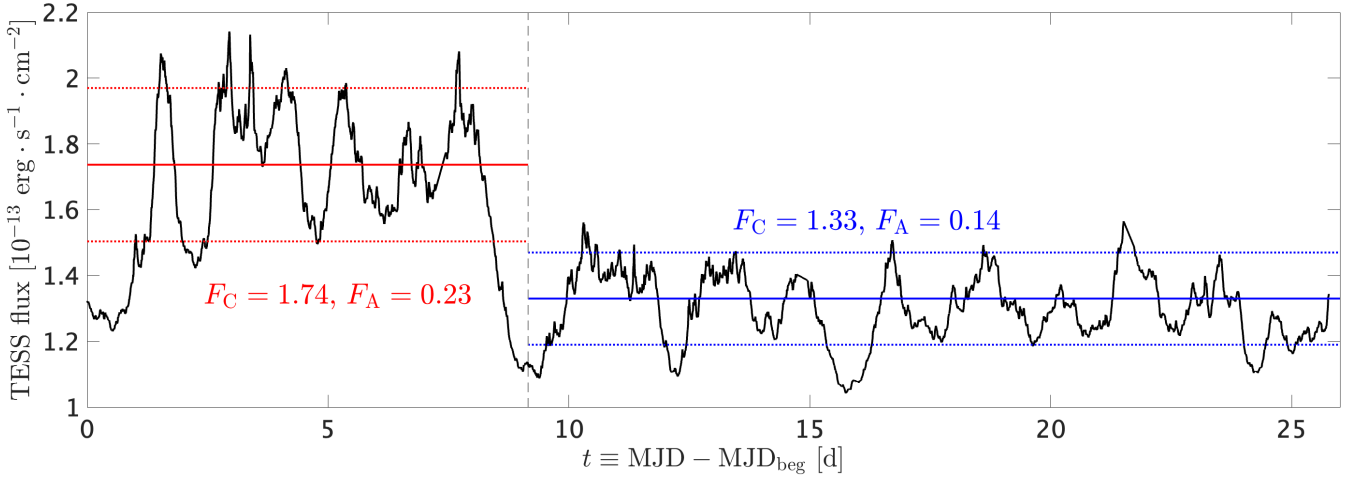


Fig. D.1: TESS Sector 65 light curve converted in absolute flux in the TESS bandpass. The solid lines mark the zero point of the oscillations, while the dotted lines mark the maximum and the minimum of the oscillations. The vertical dashed lines indicate the transition between the two portions. F_C and F_A are the zero point and the amplitude fluxes, respectively, in units of $10^{-13} \text{ erg s}^{-1} \text{ cm}^{-2}$.

oscillations we get a relation between f and T

$$f = A \frac{d^2}{R_\star^2} \left[\int B_\lambda(T) R(\lambda) d\lambda \right]^{-1} (\cos \theta_S \sin i)^{-1}. \quad (\text{D.8})$$

We converted the TESS magnitude T to flux F using the formula $F = ZP_\lambda 10^{-T/2.5}$, where $ZP_\lambda = 1.33 \times 10^{-9} \text{ erg s}^{-1} \text{ cm}^{-2}$ is the zero point flux of TESS, that we took from the SVO Filter Profile Service. Then, we visually estimated the amplitude F_A and the zero point F_C of the oscillations for the two portions of the light curve, defined as in Sect. 6. The values are reported in Fig. D.1. The latitude of the spot and the relation between f and T can be derived from Eqs. D.7 and D.8 with $C = F_C - F_\star$ and $A = F_A$. We derived $\theta_{S1} = 61^\circ$ and $\theta_{S2} = 65^\circ$ for the latitude of the spot in the two segments. The relation between f and T (Eq. D.8) is shown in Fig. 17.

Appendix E: Filling factor of a spherical cap

A spherical cap is a portion of a sphere cut by a plane. In spherical coordinates, it is defined as

$$\{(\theta, \phi) \mid \frac{\pi}{2} - \Delta\theta_S \leq \theta \leq \frac{\pi}{2}, \quad 0 \leq \phi \leq 2\pi\} \quad (\text{E.1})$$

where θ and ϕ are the latitude and the azimuth, and $\Delta\theta_S$ is the half-aperture angle of the cap (spot). The filling factor of the cap can be computed by integrating

$$f = \frac{1}{4\pi R_\star^2} \int_{\pi/2 - \Delta\theta_S}^{\pi/2} \int_0^{2\pi} R_\star^2 \cos \theta d\theta d\phi = \frac{1}{2} (1 - \cos \Delta\theta_S). \quad (\text{E.2})$$

Inverting this relation, we obtain

$$\Delta\theta_S = \arccos(1 - 2f). \quad (\text{E.3})$$